SCENARIO 1

Lucy is 10 years old and will be going to overnight camp for the first time this summer. In your intake with Lucy's parents before camp, they share with you that they just let Lucy and her younger brother (not a camper) know that they are separating. Lucy's dad is moving out this month. Lucy has been crying more and has not wanted to leave her mother's side as much. She's reduced spending time with friends as she says she wants to spend more time with her family. Lucy's parents are concerned about the impact of two big transitions-the parental separation and sleepaway camp-on Lucy. They're concerned she will refuse to go to sleepaway camp and if she goes that she will be worried the whole time and not enjoy camp.

How would you offer support in this situation?

SCENARIO 2

Lucas is a 12 year old returning camper at overnight camp. Camp is in full swing and Lucas' mother is calling camp repeatedly sharing her concerns that in the pictures she can tell that Lucas is wearing the same clothes every day and that he is getting sunburned. She is convinced that Lucas has either lost or doesn't realize he has additional clothes and sunblock. Camp professionals have told her that Lucas is aware of having more clothes and sunblock but his mother is not convinced and feels frustrated and that no one is addressing this. She is wanting someone to sit with Lucas and review all of his clothes and the location of his sunblock. She would like the counselor to make sure every day that he has picked out clean clothes and has put sunblock on.

How would you offer support in this situation?

SCENARIO 3

Eli is 8 years old and is a camper at your day camp. The parents share with you before camp that the last year has been hard for Eli. He often doesn't want to go to school and absolutely refuses to take the school bus anymore. Eli's parents have been taking turns being 'in charge' of the morning where they have to coax and convince him to go to school and in driving him to school instead of taking the bus. Eli's parents are concerned that they will have a hard time convincing Eli to go to camp and that he won't take the camp bus. It will be hard for the parents to drive to day camp since it is further and starts later and they both have to work.

How would you offer support in this situation?

SCENARIO 4

Grace is a 9 year old returning camper at your day camp. Grace's father has been calling the camp repeatedly as he is noticing that every day Grace comes home and her flip flops are dry and while Grace and camp professionals have told him that she is swimming, he thinks she isn't really going in the pool. The father is concerned as Grace usually loves swimming and he doesn't know why she isn't swimming now. He also feels she doesn't have her same enthusiasm about going to camp like she has in previous years. He wonders if the other kids are mean, she isn't with her usual friend group or maybe she's bored by the activities this year.

How would you offer support in this situation?