

## LEADERS ASSEMBLY 2018: THE PURSUIT OF EXCELLENCE March 18-20, 2018 in Baltimore, MD

Got a Minute? How to Stay Focused, Despite the Circumstances Sunday, March 18 from 3:00PM-4:30PM

## **SESSION PRESENTER(S):**

Diana Bloom

## **SESSION DESCRIPTION:**

Diana Bloom will teach take-away actionable systems that can be implemented immediately to achieve higher productivity and efficiency in all areas of a camp organization. This session will provide tools to control your interruptions and enable you to operative in a proactive mode every day. The session will address issues such as the "got a minute?" interruptions, email and phone distractions, and how to stay present for the task or person in front of you, while creating a Totally Accountable culture.

## **BIG IDEAS FROM THIS SESSION:**

Be proactive about "tying yourself to the mast" for interruptions and distractions

You are often your biggest obstacle to staying focused

Some of what you perceive as distractions and interruptions are part of your job, such as supervision and management

Emails are not for emergencies

You teach people how to treat you and you get more of what you tolerate

www.totallyaccountable.com

Pick one of the tools from the workshop to implement. Operate proactively to determine obstacles and how you will overcome them.