

## **CORNERSTONE 2021 RESOURCE**

# CLOSING TIME - A HAVDALLAH PROGRAM ${\it Shabboption}$

| AUTHOR(S):           | Sara Beth Berman  |
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| TOPIC (S)            | Shabbat, Holiday Celebrations   |
| SUMMARY              | Closing Time (A Havdallah Program)You don't have to go home but you can't stay here. It is kind of terrible to talk about Shabbat ending (in this case, before it's even started), but let's spend some time thinking, connecting, and creating beautiful crafts and intentions for how to bridge the holy time to the rest of the week. Havdallah is a beautiful time and opportunity to take the beautiful intentionality of Shabbat into the rest of the week - let's make it count! |
| GOALS:               | Participants will have an intention to bring into the week of learning, and a summer of camping!  |
| AUDIENCE:            | Bunk, unit, all-staff   |
| TIMING:              | Shabboption - 30  |
| APPENDICES:          | <ul> <li>Sunrise, Sunset (from Fiddler)</li> <li>Closing Time (Semisonic)</li> </ul>  |
| MATERIALS<br>NEEDED: | <ul> <li>Portable speaker to at least play the songs, video monitors to show the videos</li> <li>Craft supplies - whatever you want to use will work</li> </ul>   |
| SET-UP<br>DETAILS:   | Room to craft your own thing, whatever it is  |



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#### SESSION TIMELINE

- 00:00-00:10 Opener / Grabber: Sunrise/Sunset
- 00:10-00:20 Closing Time: Set Intentions for Shabbat/Summer
- 00:20-00:30 Continue Crafting, and Debrief as a group

#### SESSION OUTLINE:

Grabber (10 minutes) - Sunrise/Sunset - I was talking to a friend recently when he said his favorite part about Shabbat at camp was the sunsets. It took me a moment to realize I didn't know if he meant the sunset as Shabbat starts...or ends. So let's watch this movie and think about the meaning found in a good sunset. <a href="https://www.youtube.com/watch?v=03rzUoyg9K0">https://www.youtube.com/watch?v=03rzUoyg9K0</a>

#### Discussion

- If you search #sunsets on Instagram you will find 275 MILLION results what is so moving about a sunset?
- What did you notice in the video?
- How does this relate to your experience specifically in Shabbat at camp?
- What power do you find in liminal moments the moments when transitions happen, like from night to day?
- Closing time (10 minutes): Every new beginning comes from some beginning's end.
  - It's really easy to get excited for Shabbat to start for camp to start to enjoy the 10 for 2 life (ok, 22 for 2 life). It's really easy to anticipate the whole goodness about to unfold. But everything amazing must come to an end, and so I'm going to play some music (Closing Time by Semisonic, specifically <a href="https://www.youtube.com/watch?v=xGytDsqkQY8">https://www.youtube.com/watch?v=xGytDsqkQY8</a>) and you're going to write/draw/sketch/build an intention of whatever craft supplies you have lying around for about 10 minutes for what you want to take from Shabbat into the rest of the week. You can use playdough, legos, popsicle sticks, M&Ms, markers, pen/cils, paper, feathers. Whatever you've got.
  - This means you're setting an intention for what fuel you're going to gather during this oasis in time. (and you could do the same exercise as camp starts - it's the equivalent of writing yourself a letter that you'll get back the last day of camp).
  - Discussion/share (10 minutes):
    - What did you learn from this session?
    - What do you want to bring from this intention into next week?
    - ...into this coming summer?
    - How can an activity like this help you center yourself after an exceptionally long hiatus (since so many of us missed camp last summer and regular life for the last year plus)?



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- In thinking about the liminal moment of sunsets, what other liminal moments will be significant this summer?
  - Things that will happen after testing/quarantines: pod-merging, mask-dropping, etc.
  - Leaving "baggage" from the pandemic at the gates a new day starts with sunset in Judaism.

#### Bringing it back to camp & Shifting to in Person:

In order to best adapt this program for in camp use I would suggest:

- This can work in person or online make sure you have provided or required some supplies so that everyone can craft their own intention as they see fit.
- Set up an intention wall as reminders to your campers/staff for during and after Shabbat / the summer.
- How can you mark these liminal moments (as mentioned above) in your camp this summer?