

Communal Loss: Tisha B'Av after October 7th

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SUMMARY: So much in the world and in our community has been broken since October 7th. In this session we will play with different educational approaches for Tisha B'Av and the three weeks leading up to it in this new context

GOALS:

1. Explore some text regarding collective and individual morning rituals.
2. Revisit the significance of the 17th of Tammuz after October 7th.
3. Share some educational frames for Tisha B'Av.

In all this, we will focus on what we can bring back to camp this summer.

AUDIENCE: Cornerstone Fellows

TIMING: 75 minutes

MATERIALS:

- One spare t-shirt (to be ripped)
- [Black ribbon](#) and safety pin (one per participant)
- Scissors (a few to use)
- Printed Material

SET-UP:

Any space will do. In doors might be better.

SESSION TIMELINE

- 00:00-00:05 – *Introductions, Inviting people to this space*
- 00:05-00:25 – *Good Grief: Exploring Individual, Communal, and Global Rending*
- 00:25-00:45 – *Revisiting the Walls: Between the 7/10 and the 17th*
- 00:45-00:65 – *Tisha B'Av: On Invitation, Isolation, and Focus*
- 00:65-00:75 – *Bring It Back to Camp*

SESSION OUTLINE

00:00-00:05 - Introductions, Inviting people to this space

The session leader opens by inviting people into the space and asking people to share their name, camp, pronouns, and what they think is most relevant about Tisha B'Av for this summer.

00:05-00:25 - Good Grief: Exploring Individual, Communal, and Global Rending

Session leader has people put on Kriah ribbons. We look at a few texts that explore the nature of rending Kriah. We all rend our ribbons and share what we are mourning for at this time.

Together we reflect on the person, communal, and collective experience of rending a garment

Session Leader offers a new framework for thinking about Kriah

00:25-00:45 - Revisiting the Walls: Between the 7/10 and the 17th

Session leader shares background on the 3 weeks between the 17th of Tammuz and the 9th of Av. We then delve deeper into the history of the 17th of Tammuz and explore how it might resonate anew in light of the report of the 7/10 breaching of the security barrier in the south.

00:45-00:65 - Tisha B'Av: On Invitation, Isolation, and Focus

The session leader explores recent case from 1967 and its relevance to the story of Kamtza and Bar Kamtza. How we connect with FOMO and its relationship to Sinat Hinam? What can we do to share ahavat hinam?

We will explore the challenges around how different generations see 7/10

We will also explore how we hear our news and focus on things are part and parcel part of the Tisha B'Av Narrative

00:65-00:75- Bring It Back to Camp

Session leader will review what we went through together asking participants to share what worked and what did not work for them

Group will share reflections on what they would adopt or adapt to bring back to camp this summer.

BRINGING IT TO YOUR CAMP

Some of these practices could be adopted or adapted on the 17th of Tammuz, Rosh Hodesh Av, Shabbat Hazon, or on Tisha B'Av