

### CONNECTED COMMUNITIES: TRAIN THE LEADER

*Liaison Elective*

<b>AUTHOR(S):</b>	Brett Gurwitz
<b>TOPIC (S)</b>	Community Building, Team Building
<b>SUMMARY</b>	Building a strong, safe and caring community comes with a plethora of challenges that many young counselors have never had to face. Through the use of Jewish text, games and discussion techniques you will experience examples of how to cultivate strong connections, shared purpose, continued learning and a unique cabin culture. You will leave this workshop with new skills, strategies and action steps that will enable you to support counselors in building and maintaining communities with intention.
<b>GOALS:</b>	<ul style="list-style-type: none"> <li>-Participants will understand the connected communities model</li> <li>-Participants will be aware of their strengths and areas of growth in community building</li> <li>-Participants will be able to better support camp counselors in building connected communities with intention</li> </ul>
<b>AUDIENCE:</b>	Supervisors
<b>TIMING:</b>	75 minutes
<b>APPENDICES:</b>	Connected Communities Google Doc Workbook
<b>MATERIALS NEEDED:</b>	This program is not for replication as it is a professional development session for liaisons, though some of the individual activities can and should be replicated. Material free activities.
<b>SET-UP DETAILS:</b>	N/A

## SESSION TIMELINE

- 00:00-00:10 - Welcome and Icebreaker
- 00:10-00:17 - Intro to Connected Communities Model
- 00:17-00:60 - Modeling of Community Building Activities and Self-Reflection
- 00:60-00:75 - Action Planning

## SESSION OUTLINE:

### I. Welcome and Framing of Workshop

### II. Belonging - Virtual Handshakes with Questions

- 1) Share a time you felt connected to a group of people. What helped build that connection?
- 2) Share a time you struggled in a group. What led to that disconnection?
- 3) Share a hope you have for your camp community this summer. What do you hope to contribute to building this community?
- 4) What worries are you carrying about building/maintaining a connected community this summer?

### III. Introduction to Connected Communities Model: Belonging, Shared Purpose, Shared Values and Continued Learning

#### IV. Belonging Continued

- a) Complete the Exercise Reflection Sheet: Activity 1
- b) Relationship is the foundation. Everyone has the desire to be in a good relationship. Pair Share: Turn to someone sitting near you and share at least one thing you do (that is authentically you) that models how to build relationship.
- c) Have a few participants share out. Chart Answers.

#### V. Shared Purpose - Creating a B'rit (Community Agreement)

- a) Establishing agreements starts with establishing a shared purpose. If we do not know what we are working towards, it is hard to identify behaviors that will help us get there. Take a moment and write a 1-2 sentence purpose statement for meeting with your cornerstone cohort on a weekly basis.
- b) Breakouts: With a partner - Introduce your purpose to one another. Take a few minutes and combine your individual purposes into a shared purpose.
- c) Breakouts 2: two sets of pairs and introduce your shared pair purposes. Take a few minutes to combine your three sets of shared purposes into one SHARED PURPOSE.
- d) Now that you have a shared purpose, have each member share a behavior they would need from the rest of their group in order to accomplish this purpose together. For example, "Listen Actively," "Participate Enthusiastically," "One Mic," "Show Up to Activities On Time."
- e) Reflect: Where else at camp should b'rits be created?
- f) Complete the exercise reflection sheet: Activity 2

### VI. Shared Values – Values Scavenger Hunt

- a) Select one of your camp's core values.
- b) You have one minute to find an item that represents that value to you
- c) In breakouts introduce your item and how it represents that value.
- d) Reflection: How do we make our core values observable? How do we bring them to life?
- e) Complete the exercise reflection sheet: Activity 3

### VII. Continued Learning - Chavruta Text Study

- a) With your partner pick a number between 1-5. Read that number text. After reading the piece of text discuss the following questions:
  1. What is your initial understanding of this text?
  2. How does this text relate to the experience of being part of a community?
  3. When thinking about forming a connected community, what can this text teach you?
- b) Complete the Exercise Reflection Sheet: Activity 4

**VIII. Action Planning and Closing** - Make on commitment within each quadrant. What is a specific way you can teach/support/model so that your staff creates a connected community this summer. A community where there is a sense of belonging, shared purpose, shared values that align with camps values and continued learning?

Bring everyone's attention to self-care resources.

### BRINGING IT BACK TO CAMP & SHIFTING TO IN PERSON:

- *This program is not for replication as it is a professional development session for liaisons*