

### Crafting to Create a Culture of Gratitude at Camp

*Elective*

<b>AUTHOR(S):</b>	Daniel Abramson
<b>SUMMARY:</b>	In this session, participants will make a few simple crafts as a way of intentionally fostering a culture of gratitude at camp - <i>Submitted by Daniel Abramson</i>
<b>TOPIC(S):</b>	facilitation skills, relationship building, gratitude
<b>LEARNING OBJECTIVE:</b>	Participants will learn how to motivate and recognize staff through the intentional creation and gifting of crafts.
<b>AUDIENCE:</b>	All Ages
<b>TIMING:</b>	90 minutes
<b>APPENDICES:</b>	None
<b>MATERIALS NEEDED:</b>	<ul style="list-style-type: none"> <li>• FIMO, Sculpey or other oven-bake polymer clay</li> <li>• 500g glass seed beads</li> <li>• 100 small safety pins</li> <li>• googley eyes</li> <li>• crazy glue</li> <li>• 10 sheets of shrink art paper</li> <li>• permanent markers</li> <li>• Scissors</li> <li>• 2 bags of smooth pebbles or river stones (large enough to write a word on)</li> <li>• Magnets, jump rings, blank key chains, or brooch style pin-backs</li> </ul>
<b>SET-UP DETAILS:</b>	Art Room

### SESSION TIMELINE & OUTLINE:

- 5 minutes: Welcome and introductions
- 10 minutes: Making a list of all the things we could say thank you for.
  - Facilitator asks participants to list all the things that we might say thank you for in a day at camp. Everyone's response is recorded onto a Giant Sticky Note titled Modeh Ani - I am grateful.
  - The facilitator explains that creating and giving crafts is a way of intentionally demonstrating our gratitude and appreciation of others. In a sense, it is putting our gratitude into action. Participants share some experiences of times where they felt recognized for their work and about how that made them feel.
- 15 minutes: Introduction to the projects that will be made
  - Facilitator will show a model of each project:
    - Friendship Pins
    - Shrink-Art Charms
    - Polymer Clay Charms
    - Pet Rocks

Pinterest and Etsy are great sources of inspiration for project ideas to make your own models to re-create this session. Instruction for the use of each of these materials is readily available online.

Friendship pins:

<https://www.pinterest.ca/evypix/friendship-pins/?lp=true>



Shrink-art charms:

<https://www.pinterest.ca/explore/shrink-art/?lp=true>



Polymer clay charms:

<https://www.pinterest.ca/explore/polymer-clay-charms/?lp=true>



Pet Rocks:



### 60 minutes: Modeling and Creating

The facilitator will lead participants through the creation of one model of each type of project and participants will brainstorm situations at camp where each project might address a need. Participants will then have time to work on creating a treasure trove of personal crafts that they can give away throughout the summer.