

INSIDE OUT

CORE MEMORIES

*"Do you ever look at someone and wonder:
what is going on inside their head?"*

Said Rabbi Meir: Look not at the outside
of the vessel, but at what is inside.
- Perkei Avot 4:20



BING BONG

*"You know, it's unclear.
I'm mostly cotton candy.
But shape-wise, I'm part cat,
part elephant, part dolphin."*

The true sign of intelligence is
not knowledge but imagination.
- Albert Einstein

SADNESS

*"Crying helps me slow down and obsess
over the weight of life's problems"*

Those who don't know how to weep with their
whole heart, don't know how to laugh either.
-Golda Meir



JOY

*"We're gonna have a good day,
which will turn into a good week,
which will turn into a good year,
which will turn into a good life."*

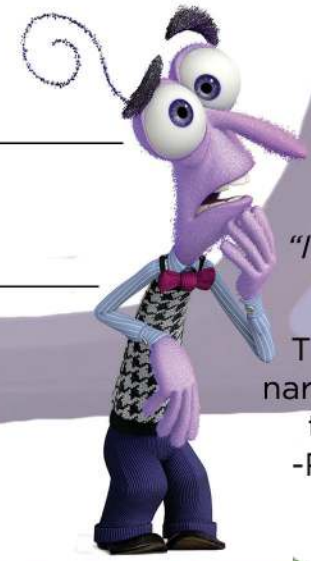
Think of all the beauty still left
around you and be happy.
-Anne Frank



FEAR

*"I'll have you know I'm not
scared of everything"*

The whole world is a very
narrow bridge; the important
thing is not to be afraid.
-Rav Nachman of Bratslav



DISGUST

*"Are you kidding? We're not talking
to them. We want them to like us!"*

Do not separate yourself from the
community. Do not believe in yourself
until the day you die. Do not judge your
fellow until you have stood in their place.
-Hillel (Perkei Avot 2:4)



FOUNDATION FOR
JEWISHCAMP

ANGER

*"I like to honk my way through
the traffic jams of life."*

An angry person is capable
of destroying the entire world
if they had the ability because
their mind is not in control at all.
-Rabbi Moshe Chaim Luzatto
(Mesilat Yesharim 11)

