

"Leading Teen Girls to Find Their Voices"

Additional resources and materials Maya Dolgin, BraverMe, March 2020

Thanks for your participation in this session of FJC's Leaders Assembly 202.0! I hope the workshop was valuable for you and I look forward to staying in touch. Here are some resources that I mentioned in the session, along with the list of values generated by the breakout groups:

List of values and slogans:

Group 1: Awareness, empowerment, harmony

Group 2: Authenticity, supportive communication, inclusion – be yourself and grow in your community

Group 3: Respect, empathy, honesty – check inward, check outward

Group 4: Confidence, communal responsibility, generosity – better together

Group 5: Creating space and culture for everyone, safety, support

Other resources:

Confidence Code for Girls survey by YPulse, Claire Shipman, and Katty Kay

Angela Duckworth's Character Lab

Recommended TED Talks:

Reshma Saujani: Teach Girls Bravery, Not Perfection

Carol Dweck: The Power of Yet

Susan Cain: The Power of Introverts