

# Leading Teen Girls to Find Their Voices

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Maya Dolgin - BraverMe

FOUNDATIONFORJEWISHCAMP

**LEADERS  
ASSEMBLY**

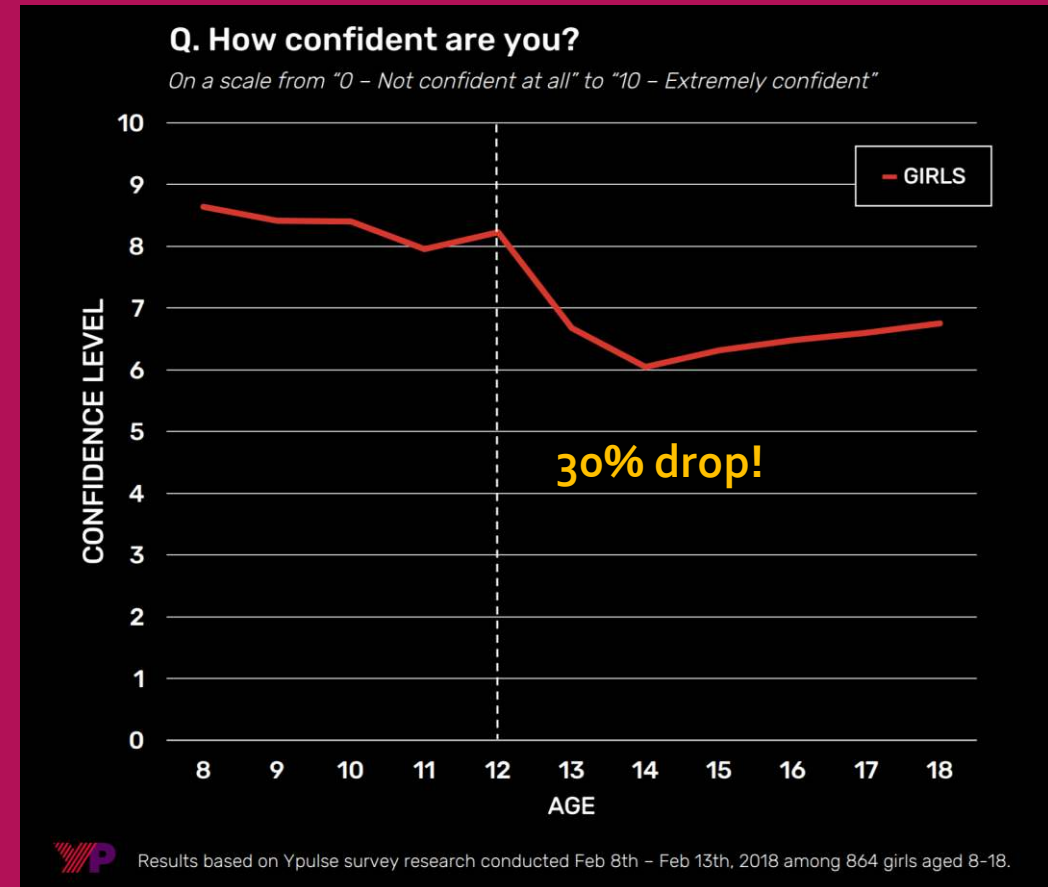
# THE PLAN

- Icebreaker
- Why teen girls? Why “voices”? Why camp?
- Whose job is it anyway?
- Values-first education
- Where and when to make it happen?
- Programming examples



<https://www.abc.net.au/news/2019-08-02/greta-thunberg-addresses-climate-change-protest-1/11376774>

# WHY TEEN GIRLS?



<https://static1.squarespace.com/static/588b93f6bf629a6bec7a3bd2/t/5ac39193562fa73cd8a07a89/1522766258986/The+Confidence+Code+for+Girls+x+Ypulse.pdf>



# WHY “VOICES”?

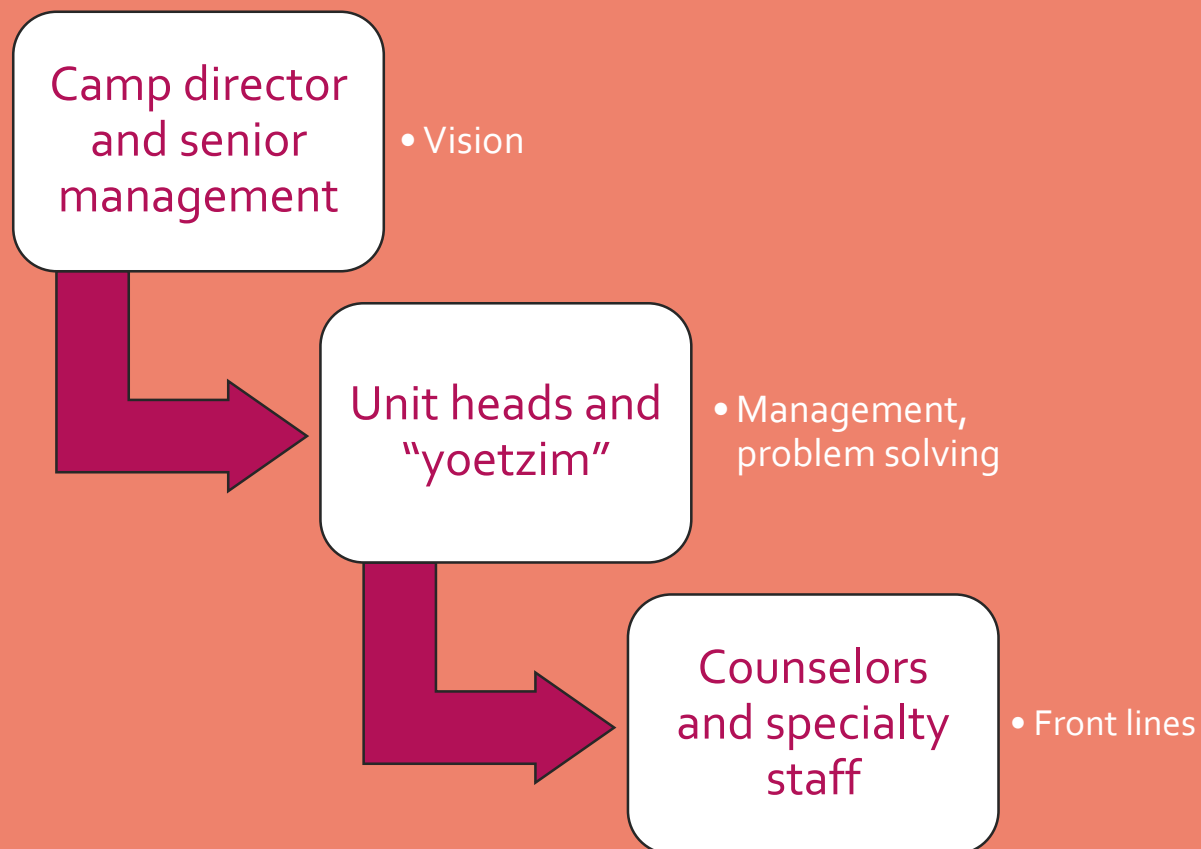


<https://www.thebetterindia.com/38871/ishita-katyal-tedx-new-york/>

- ✓ Encourage *risk taking*
- ✓ Mitigate *fear of failure*
- ✓ Develop *bravery muscles*
- ✓ Cope with *perfectionism*
- ✓ Introduce *growth mindset*

**8 in 10 girls want to feel more  
confident in themselves**

# WHOSE JOB IS IT ANYWAY?



# VALUES-FIRST EDUCATION

*Setting* our values

*Speaking* our values

*Living* our values

**Breakout session!**

# WHEN AND WHERE?



# PROGRAMMING EXAMPLES

## 1. Values activity

1. Start at the bunk level
2. Bunk → edah → bunk
3. Weekly activities around the values
  1. Which value did you practice really well this week?
  2. What value do you think the bunk lived up to together this week?
  3. What do you feel you could have used more of this week?

## 2. Jewish female heroes

## 3. Facilitation

## 4. Building relationships with every single camper



# SUMMARY

- Why teen girls? Why “voices”? Why camp?
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**Stay in touch!**

[Maya@braverme.today](mailto:Maya@braverme.today)

[www.braverme.today](http://www.braverme.today)

Facebook and LinkedIn