MAKING MENSCHES: A PERIODIC TABLE

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FOUNDATION FOR JEWISHCAMP

"The Maharal of Prague [Rabbi Yehudah Loeb, d.1609] created a golem, and this was a great wonder. But how much more wonderful is it to transform a corporeal human being into a mensch!"

— Rabbi Israel Salanter,
Founder of the Modern Mussar Movement

1 WISDOM חכמה Hochma Wi	2 COURAGE אומץ לב Ometz Lev Co					3 WONDER מלכות Malchut Tr
4 UNDERSTANDING בינה Bina Wi	5 ZEST & ZEAL זריזות Zerizut Co *	6 DECENCY & SOCIAL INTELLIGENCE דרך ארץ Derech Eretz Ho *				7 REVERENCE & AWE יראה Yira Tr
8 SENSIBILITY דעת Daat Wi	9 CONFIDENCE בטחון Bitachon Co	10 COMPASSION רחמים Rachamim Ho	11 JUSTICE דין Din Ju	12 CALM & COMPOSURE מנוחת הנפש Menuchat HaNefesh Mo	13 CONTENTMENT הסתפקות Histapkut Mo	14 LOVE אהבה Ahava Tr
15 CURIOSITY סקרנות Sakranut Wi *	16 DISCIPLINE & WILL POWER גבורה Gevurah Co *	17 KINDNESS חסד Chesed Ho	18 COMMUNITY MINDEDNESS ערבות Areyvut Ju	19 ORGANIZATION & ORDER סדר Seder Mo	20 HUMILITY ענוה Anavah Mo	21 GRATITUDE הכרת הטוב Hakarat HaTov Tr *
22 CREATIVITY יצירתיות Yetziratiut Wi	23 CONVICTION אמונה Emunah Co	24 LOYALTY נאמנות Ne'emanut Ho	25 SOCIAL RESPONSIBILITY אחריות Achrayut Ju	26 PATIENCE סבלנות Savlanut Mo	27 MODESTY צניעות Tzniut Mo	28 JOY שמחה Simcha Tr
29 APPRECIATION OF OPPOSITION הערכה של מחלוקת HaArecha Shel Machloket Wi	30 PERSEVERANCE & GRIT נצח Netzach Co *	31 PURSUIT OF PEACE רודף שלום Rodef Shalom Ho	32 COMPASSIONATE CRITICISM תוכחה Tochecha Ju	33 FORGIVENESS מחילה Machilah Mo	34 PIETY חסידות Chassidut Mo	35 WHOLENESS & PEACEFULNESS שלמות Shleimut Tr *
36 FORESIGHT רואה את הנולד Roeh et HaNolad Wi	37 INTEGRITY ישר Yosher Co	38 LEADERSHIP מנהיגות Manhigut Ho	39 RIGHTEOUS צדק Tzedek Ju	40 AMENABILITY הוד Hod Mo	41 BALANCE & INNER BEAUTY תפארת Tiferet Mo	42 GROUNDEDNESS יסוד Yesod Tr
						43 MAJESTY כתר Keter Wi ∞

KEY

- WISDOM
- COURAGE
- HONOR
- JUSTICE
- MODERATION
- TRANSCENDENCE

* These 7 Middot, or character traits, are keys to success, according to Paul Tough in his book, *How Children Succeed.*

Jewish ethics are based on the idea that we are created in the Divine image. The Kabbalah imagined that HaShem is revealed in a number of attributes, or sfirot, which correspond to our highest aspirations for human character.

∞ The highest sfirah, attribute, not understood in a human context.