

**On seeing the large-scale wonders of nature, such as mountains, hills, deserts, seas, long rivers, lightning, and the sky in its purity:**

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, עוֹשֶׂה מַעֲשֵׂה  
בְּרֵאשִׁית.

*Baruch atah Adonai, Eloheinu melech haolam, oseh maasei v'reishit.*

We praise You, Eternal God, Sovereign of the universe, who makes the works of creation.

---

**On seeing the small-scale wonders of nature, such as beautiful trees, animals, and people:**

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שְׂכַכָּה לוֹ בְּעוֹלָמוֹ.

*Baruch atah Adonai, Eloheinu melech haolam, shekacha lo beolamo.*

We praise You, Eternal God, Sovereign of the universe, that such as these are in Your world.

---

**On seeing a rainbow:**

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, זוֹכֵר הַבְּרִית, וְנֹאמֵן  
בְּבְרִיתוֹ, וְקִיִּם בְּמֵאֲמָרוֹ.

*Baruch atah Adonai, Eloheinu melech haolam, zocher hab'rit v'neeman biv'rito v'kayam ma-amaro.*

We praise You, Eternal God, Sovereign of the universe, who remembers, is faithful to, and fulfills Your covenant with and promise to creation.

**For flowers and herbs:**

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא עֲשֵׂבֵי בְשָׁמִים.

*Baruch atah Adonai, Eloheinu melech haolam, borei isvei b'samim.*

We praise You, Eternal God, Sovereign of the universe, who creates fragrant flowers and herbs.

---

## Rabbi Nachman of Bratslav, Prayer for Nature

Grant me the ability to be alone; may it be my custom to go outdoors each day among the trees and grass - among all growing things and there may I be alone, and enter into prayer, to talk with the One to whom I belong. May I express there everything in my heart, and may all the foliage of the field - all grasses, trees, and plants - awake at my coming, to send the powers of their life into the words of my prayer so that my prayer and speech are made whole through the life and spirit of all growing things, which are made as one by their transcendent Source. May I then pour out the words of my heart before your Presence like water, O L-rd, and lift up my hands to You in worship, on my behalf, and that of my children!