### Youth Leadership: An Answer to the Teen Engagement Challenge

Eitan Goldstein, Director of Habonim Dror North America Elana Bloomfield, Habonim Dror Camp Gilboa ADULTS: The only things teenagers care about are video games and Instagram

#### TEENAGERS:



#### Agenda

- 1. Icebreaker
- 2. What do teens need?
- 3. The Circle of Courage
- 4. Principles of teen engagement through leadership
- 5. Reflect, analyze, workshop

#### What do teens need?

Cluster into groups of 5-6 people

- 1. Individually brainstorm as many needs as you can (1 need per sticky)
- 2. As a group, cluster needs by category and name each category

Example: friends, exploration of identity - both could be put under the category of belonging

#### The Circle of Courage



From Reclaiming Youth at Risk: Our Hope for the Future (Larry Brendtro, Reclaiming Youth International)

### Principles of teen engagement through leadership development

- 1. Values-based visioning
- 2. Authentic responsibility
- 3. Group process and mentorship





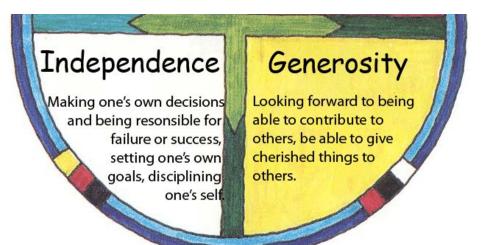


# 1. Values-based visioning: What will allow our teens to see themselves as leaders in the Jewish community?

"Programs that have students think about and compare different "ways to live" or organize society tend to be those that increase students' understandings of power relationships and social justice issues. Those students gain a much more sophisticated knowledge and understanding of how social change happens, obstacles to social change, and multiple perspectives on what should or could change."

-Joel Westheimer





2. Authentic responsibility: How do we create environments where teens can choose to lead?

Link the WHAT and the WHY



#### Belonging

A sense of community, loving others, and being

#### Independence

Making one's own decisions and being resonsible for failure or success, setting one's own goals, disciplining one's self

#### Mastery

Competence in many areas; cognitive, physical, social, and spiritual. Having self-control, responsibility, striving to achieve personal goals rather than superiority.

#### Generosity

Looking forward to being able to contribute to others, be able to give cherished things to others.

# 3. Group process and mentorship - What kind of support do teens need in order to grow as leaders?

- The group as a source of personal support, a place for learning, growth, and developing accountability, and a force for taking collective action.
- Chain of mentorship





#### Reflect, analyze, workshop

- 1. Individually:
  - a. Think about what leadership development programs or structures you have in place in your camp/organization.
  - b. Pick one program to do an analysis of.
- 2. Find a partner who you don't know and workshop your analysis together. Start focusing on one person and then we will call switch.
  - a. Briefly describe to your partner what you're focusing on.
  - b. Fill out as much of the worksheet as you can together!

#### Thank you!

Feel free to contact us with any questions or to chat!

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Shoutout to the amazing EDs of Gilboa and Moshava - Dalit and Jen! <3