

## CORNERSTONE 2016 RESOURCE

### Number Sound Action, *FJC Knowledge Center Resource*

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<b>SUMMARY:</b>	This is a short ice breaker game with a lot of movement and sound - <i>Submitted by Meir Balofsky</i>
<b>TOPICS:</b>	Communication Skills, Team Building
<b>LEARNING OBJECTIVE:</b>	We will be creating connections between participants that they will maintain for as long as the facilitator wishes.
<b>AUDIENCE:</b>	any size any age anyone
<b>LENGTH:</b>	20-30 Minutes
<b>APPENDICES:</b>	N/A
<b>MATERIALS NEEDED:</b>	N/A
<b>SETTING SUGGESTED:</b>	large space for moving around

#### Session Description:

“When I yell NUMBER 1, find any partner, give them a high five and yell Whoooo” - State that whenever you hear “Number 1” you must find that person and only that person and do the action and sound. Then yell “Number 1” twice (Make sure they only use the same partner)

“When I yell NUMBER 2, find a different partner snap your finger, point to them and say “you’re awesome”  
Yell “Number 2” twice - confirm everyone is doing it correctly and then yell “Number 1” again and confirm that everyone found their first partner and did the high five.

Introduce number 3, 4, 5 - Each time with a new partner, and then mix up the numbers to have the group run around doing the different sounds and actions.

- 3 – Fist bump explode and yell BOOM
- 4 – Tarzan chest pound and yell “Me \_\_\_\_\_ (your name)”
- 5 – Fish handshake – and say Fisheeee

#### Additional Notes for Bringing it Back to Camp:

If a community has particular standards and guidelines with men and women touching be sure to address that ahead of any instructions that involve contact like handshakes. (Say ' Find someone you're comfortable touching' - or for the next one boys please team up with boys and girls with girls.)