



CORNERSTONE 2016 RESOURCE

Stretch Those Quads (4 Corners of Jewish Values), *FJC Knowledge Center Resource*

AUTHOR:	Sara Beth Berman
SUMMARY:	Using a page with 4 sections, dig into your values, your camp's values, and determine how you mesh with your community's values. - <i>Submitted by Sara Beth Berman</i>
TOPICS:	Community Building, Group Dynamics, Identity, Jewish Culture, Jewish History, Jewish Text, Jewish Values, Writing
LEARNING OBJECTIVE:	An opportunity for self-exploration about how you're a part of your (camp) community.
AUDIENCE:	Bunk, staff, or unit-sized groups (suggested).
LENGTH:	20-30 Minutes
MATERIALS:	This write up, and paper and pens.
SETTING:	Space to write, but not picky.

Session Description:

Activity // Time: 15 minutes - Stretch Those Quads

1. Grabber (10 minutes): Four Corner Values
 - a. We're going to talk about values today - about mussar, core beliefs, personality traits, middot - however you say it, we're talking about what matters to you, your camps, your communities.
 - b. Take a piece of paper and divide it into 4 quadrants - you can fold it once hamburger-style, and once hotdog-style, or just label the boxes:
 - i. Quadrant 1 - Camp
 - ii. Quadrant 2 - Me
 - iii. Quadrant 3 - Society
 - iv. Quadrant 4 - Judaism
 - c. Prompts for each Quadrant:
 - i. In Quadrant 1 - write down your camp's core values (if you don't know them, do your best guess)
 - ii. In Quadrant 2 - write down your personal core values (what matters to you most?)
 - iii. In Quadrant 3 - write down what you think are society's core values
 - iv. In Quadrant 4 - write down your interpretation of Judaism's core values
 - d. Using a marker or highlighter or some other sort of color, draw some connections. How do your camp's values relate to society's? To Judaism? Do your values overlap with Jewish values, or are they far apart?
2. Discussion questions (5 minutes):
 - a. What did you learn from this examination of your values?
 - b. How do all of these values manifest themselves in your life at camp?
 - c. Of all of the values on your page, which is the one that inspires you the most? Circle it.



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Additional Notes for Bringing it Back to Camp:

Easy to do wherever - enjoy!



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