

**WELCOME TO**

**CORNERSTONE**

**SEMINAR**

**2016**



# Gesher Tzar

**Kol ha'olam kulo  
gesher tzar me'od,  
v'ha'ikar lo lefahed  
klal.**

**כל העולם כולו  
גשר צר מאוד,  
לא לפחד כלל - והעיקר**

**The whole entire world is a very narrow bridge, and the  
most important part is not to fear at all.**

## Dance - Mayim

Ushavtem mayim b'sason  
mimainei hayeshua .

ושאבתם מים בששון  
ויוצאו

ממעייני הישועה .

Ushavtem mayim b'sason  
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Mayim - Mayim - Mayim

מים, מים, מים, מים

- מים

Mayim Hey, mayim b'sason

הוי מים בששון .

חחחח

Mayim - Mayim - Mayim

מים, מים, מים, מים, מים

- מים

Mayim Hey, mayim b'sason

הוי מים בששון .



Isaiah 12:3 - Joyfully shall you draw water. From the fountains of triumph, joyfully shall you draw water from the fountains of triumph.

# KNOW (DA LIFNEI) - Noam Katz CORNERSTONE SONG 2016!

(Intro/Chorus)

Da, Da, Da.... (4x: Call & Response)     ...דע, דע, דע.

*Da lifnei mi atah omeid,  
Lifnei atah omeid,  
lifnei atah omeid, lomeid*

דע לפני מי אתה עומד  
לפני אתה עומד  
לפני אתה עומד, לומד

Know before whom you stand, before you stand. Before you stand, learn.

Based on: BT *B'rachot 28b*, Proverbs 22:6



Dance: Erica Goldman  
Song Leading: Dan  
Utlev

# KNOW (DA LIFNEI) - Noam Katz

(Verse 1)

Know, know, know...**who you stand before**

Know, know, know...**what you stand up for**

Know, know, know...**there's a whole world to explore**

So open every door... **(Da...)**

# KNOW (DA LIFNEI) - Noam Katz

(chorus)

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(Verse 2)

*Na na... la-kachat hiz-dam-noot*

נא נא... לקחת הזדמנות

*Na na... l'ha-rot man-hi-goot*

נא נא... להראות מנהגות

*Na na na... l'oded sak-ra-noot*

נא נא נא... לעדד סקרנות

*V'-tih'yeh chei-root*

ותהיה חרות

Please, please... take an opportunity  
show leadership  
encourage curiosity  
and there will be freedom

# KNOW (DA LIFNEI) - Noam Katz

(Bridge)

Da, Da, Da..... (2x: Call & Response)

Guide each child in the way they need to go ] 2x  
(I know, I know, I know)

חנוך לנער על פי דרכו

*Cha-noch la-na'ar al pi darko*

(I know, I know, I know)

*Cha-noch la-na'ar al pi darko...(oh oh)*



# KNOW (DA LIFNEI) - Noam Katz

(Final Chorus)

*Da lifnei mi atah omeid,  
Lifnei atah omeid,  
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דע לפני מי אתה עומד  
לפני אתה עומד  
לפני אתה עומד, לומד

*Da, da, da...*

**Know before whom you stand, before you stand. Before you stand, learn.**

## SIMPLIFY (Rothman)

*Shammai omer  
a-seh Torah-te-cha keva  
emor me'at  
V'aseh harbeh  
V'hevey mekabel  
et kol ha-adam  
be'sever panim  
panim yafot*

שמאי אומר עשה  
תורתך קבע  
אמור מעט  
ועשה הרבה  
והוי מקבל את  
כל האדם בסבר  
פנים יפות



**Shammai says: make Torah study part of your routine. Do a lot, say a little and greet others with a cheerful presence.**

# SIMPLIFY (Rothman)

**With my eyes I see,  
with my hands I do  
With my self I welcome you x2**

# SIMPLIFY (Rothman)

**Simplify yourself (say just a little bit)**

**Simplify yourself (let your actions speak for themselves)**

**Simplify yourself (*emor, emor me'at*)**

**Simplify yourself (*a-seh, a-seh harbeh*)**

## SIMPLIFY (Rothman) *RAP*

I was born to this world with a heart and a soul  
And although it is broken I can try to make it whole  
As I find my way through the smiles and the pain  
Some things change but the truth remains  
It's easy to talk but hard to get it done  
To break through the clouds and rise into the sun  
Soon will come the day when we all know how to be  
Until then won't you sing with me!

# SIMPLIFY (Rothman)

**Simplify yourself (say just a little bit)**

**Simplify yourself (let your actions speak for themselves)**

**Simplify yourself (*emor, emor me'at*)**

**Simplify yourself (*a-seh, a-seh harbeh*)**

# SIMPLIFY (Rothman) *BRIDGE*

**With my eyes I see,  
with my hands I do  
With my self I welcome you    x2**

# **SIMPLIFY** (Rothman) *FINAL CHORUS*

**Simplify yourself (say just a little bit)**

**Simplify yourself (let your actions speak for themselves)**

**Simplify yourself (*emor, emor me'at*)**

**Simplify yourself (*a-seh, a-seh harbeh*)**



# SWEET AS HONEY (Nichols)

Sweet as honey, Sweet as honey

Sweet as honey on your tongue 2x

*Baruch Atah Adonai*

*Eloheinu Melech Haolam*

*Asher kid'shanu*

*b'mitzvotav vitzivanu*

*la-asok b'divrei Torah*

בְּרוּךְ אַתָּה יְהוָה  
אֱלֹהֵינוּ מֶלֶךְ-הָעוֹלָם  
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו  
וְצִוָּנוּ לְעֶסֶק בְּדִבְרֵי-תוֹרָה.

# **SWEET AS HONEY** (Nichols)

(Part A)

**Sweet as honey, Sweet as honey**

**Sweet as honey on your tongue 2x**

(Part B)

**Let us soak it up**

**Let it all sink in.....**

**Sweet words of Torah 2x**



**MUSIC FELLOWS TO STAGE!!!!**

# HINEI MA TOV (Wimomeh tune)

*Hinei ma tov  
u'mah nayim  
shevet achim  
gam yachad*

הִנֵּה מַה טוֹב  
וּמַה נְעִים  
שֵׁבֶת אַחִים  
גַּם יַחַד.

# SWEET CAROLINE (Dylan)

Where it began, I can't begin to knowing  
But then I know it's growing strong  
Was in the spring  
And spring became the summer  
Who'd have believed you'd come along

Hands, touching hands  
Reaching out, touching me, touching you

Sweet Caroline - Good times never seemed so good  
I'd be inclined - To believe they never would  
But now I

# OCEAN

(Part A)

**There is so much magnificance  
in the ocean  
the waves are comin' in  
the waves are comin' in**

(Part B)

**Hallelujah  
Hallelujah**

## #5 - AYEKA (Rothman)

Body Percussion Rhythm:

*Clap / Chest / Chest*

*Clap / Chest / Chest*

*Clap / Chest / Chest / Thighs / Thighs / Stomp / Stomp*

אֵיכָה Ayeka

4 אֵהֲנִי Hineini x 4

אֵיכָה Ayeka

4 אֵהֲנִי Hineini x 4

## **AYEKA** (Rothman)

Beginning, Middle, or at the End -  
where are you in the story, my friend?

Beginning, Middle, or the End -  
where are we in the story again?

Na na na na...

**L'CHAYYIM !**

**AYEKA** (Rothman)

לחיים

**to the stories that lift us high**

**L'CHAYYIM !**

לחיים

**to the stories that open our eyes**

**L'CHAYYIM !**

לחיים

**to the storyteller singing her song**

**L'CHAYYIM !**

לחיים

**to the listener cheering him on**

**Na, na, na...**



## AYEKA (Rothman)

**Beginning, Middle, or at the End - where are you in the story, my friend?**

בסוף באמצע או בהתחלה

*Basof, b'emtza, o b'hatchala*

איפה אנחנו בתוך העלילה ?

*Ayfo anachnu b'toch ha'alilah?*

**Na na na na...**

## #4 BTZELEM ELOHIM (Nichols)

Yeah, yeah, yeah, yeah, yeah (4x)

We've all got a life to live

We've all got a gift to give

Just open your heart and let it out

We've all got a piece to bring

We've all got a song to sing

Just open your heart and let it out

Yeah...

## #4 BTZELEM ELOHIM (Nichols)

When I reach out to you and you to me

We become B'tzelem Elohim

When we share our hopes and our dreams

Each one of us B'tzelem Elohim

Bereshit barah elohim

Bereshit barah elohim

Bereshit barah elohim all our hopes all our dreams

Bereshit barah elohim each one of us b'tzelem Elohim

# #4 BTZELEM ELOHIM (Nichols)

Yeah.... Yeah...

When I reach out to you and you to me

We become B'tzelem Elohim

When we share our hopes and our dreams

Each one of us B'tzelem Elohim

## #3 ADAMAH

Adamah, va-shamayim,  
Chom ha'eish, Tslil ha'mayim  
Ani margeesh zot, B'gufi, b'ruchi,  
B'nishmati

Love the earth, Love the sky,  
Heat of fire, drop of water,  
I can feel it, in my body, in my spirit and  
in my soul

אדמה ושמים  
חום האש צליל המים  
אני מרגיש זאת בגופי  
ברוחי בנשמת

## #2 - SALAAM

*Od Yavo shalom Aleinu* עוד יבוא שלום עלינו  
*Od Yavo shalom Aleinu* עוד יבוא שלום עלינו  
*Od Yavo shalom Aleinu* עוד יבוא שלום עלינו  
*v'al kulam* ועל כולם !

*Salaam Aleinu* סלאאם, עלינו ועל כל העולם  
*v'al kol haolam* סלאאם סלאאם  
*Salaam salaam*

# #1 - MIRIAM'S SONG

And the women dancing with their timbrels,  
Followed Miriam as she sang her song,  
Sing a song to the One whom we've exalted,  
Miriam and the women danced and  
danced the whole night long

## **#1 - MIRIAM'S SONG**

**And Miriam was a weaver of unique variety  
The tapestry she wove was one which sang our  
history.**

**With every strand and every thread she crafted  
her delight!**

**A woman touched with spirit, she dances  
toward the light**



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# #1 - MIRIAM'S SONG

When Miriam stood upon the shores and gazed across the sea

The wonder of this miracle she soon came to believe.

Whoever thought the sea would part with an outstretched hand

And we would pass to freedom and march to the promised land!

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# #1 - MIRIAM'S SONG

And Miriam the prophet took her timbrel in her hand,  
And all the women followed her just as she had planned,  
And Miriam raised her voice in song-  
She sang with praise and might  
We've just lived through a miracle (yelled)  
We're going to dance tonight!!

# #1 - MIRIAM'S SONG

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(Intro/Chorus)

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show leadership  
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Guide each child in the way they need to go ] 2x  
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:-) DANCE :-)

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# Closing circle - Hashkeveinu

*Hash-kee-vei-nu A-donai E-lo-hey-nu l'shalom, l'shalom*

השכיבנו יהוה אלוהינו  
לשלום לשלום

*V'ha-a-mi-dei-nu malkei-nu l'cha-yim.*

והעמידנו מלכנו לחיים

*U-fros a-ley-nu su-kat sh'lo-me-cha, (X2)*

ופרוס עלינו סכת שלומך  
אמן

*A-a-a-a-a-men.*

# Closing circle - Hashkeveinu

**Shelter us beneath Thy wings, O Adonai**

**Guard us from all harmful things, O Adonai**

**Keep us safe throughout the night,**

**'til we wake with morning's light**

**Teach us God wrong from right, a-a-a-men**

**A-a-men, a-a-men...**

Rad Hayom  
Shemesh Dom  
Kochavim Notzetzim  
Ba'marom  
Laila Bah  
Leyl Menucha  
Shalom, Shalom

רד היום  
שמש דום  
כוכבים נוצצים במרום  
לילה בא  
ליל מנוחה  
שלום שלום



Day is done, Gone the sun, From the lakes, from the hills, from the  
skies. All is well, Safely rest, God is nigh

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