

### What's Your Tikkun Olam "Holy Trinity"?, *Spin It!*

<b>AUTHOR:</b>	Caroline Rothstein
<b>SUMMARY:</b>	"What's Your Tikkun Olam 'Holy Trinity'?" is a writing workshop in which participants will explore their role and responsibility in tikkun olam. Participants will follow a writing prompt exploring their three personal and unique pillars of passion that inform their work in helping to repair the world. – <i>Submitted by Caroline Rothstein</i>
<b>TOPICS:</b>	Communication Skills, Community Building, Global Jewish Community, Identity, Jewish Culture, Jewish History, Jewish Text, Jewish Values, Performance, Prayer- Alternative, Social Justice, Storytelling, Tikkun Olam, Writing
<b>LEARNING OBJECTIVE:</b>	The goal of "What's Your Tikkun Olam 'Holy Trinity'?" is to provide participants with writing as a tool to teach campers how to explore and understand Jewish rituals and tradition at camp and beyond as well as one's personal connections to Jewish rituals and traditions.
<b>AUDIENCE:</b>	Any size group, age, or camp role works!
<b>LENGTH:</b>	20-30 Minutes
<b>MATERIALS NEEDED:</b>	<ul style="list-style-type: none"> <li>• A prompt to open discussion – the leader can choose to use a poem, a passage of text, a work of art, or tell a personal story to lead the discussion</li> <li>• Pens / writing utensils</li> <li>• Paper for each participant</li> </ul>
<b>SETTING:</b>	Chairs in a circle

#### Session Description:

- Welcome participants
- **Share goals and agenda (2 minutes)**
  - Workshop goal: to consider and explore the pillars of one's efforts in *tikkun olam*.
  - Confidentiality / ask questions.
- **Share story (3 minutes)**
  - Caroline shares the three pillars of her activism / role in *tikkun olam*:
    - One of her childhood dreams – story of pink tutu and song lyrics.
    - Judaism.
    - "The personal is political" – Adrienne Rich, and Caroline's personal experiences.

- **Facilitate discussion and dialogue (5 minutes):**
  - Ask participants:
    - What is *tikkun olam*?
    - What is world peace?
    - Do you consider yourself an activist? Why? Why not?
  
- **Transition to writing workshop (7 minutes):**
  - Explain that it takes three legs to hold up a stool.
  - Ask participants to think about the three things that most keep them committed to building a better world / *tikkun olam*. Perhaps they are movements or causes, perhaps they are mantras and quotes, perhaps they are people from history or current events, personal experiences and beliefs. Maybe they are succinct, maybe they are in opposition, maybe they change and evolve daily.
  - Ask participants to make a list of these three things – briefly jot them down with words/phrases
  - Ask participants to write a poem that is their *tikkun olam* stool – consider how these three things inform their work, and how they engage and interact with each other.
  
- **Offer opportunity for sharing (2 minutes):**
  - Ask 1 to 2 volunteers to share their poems
  
- **Transition to closing (1 minutes):**
  - Thank participants for coming
  - Ask each participant to write down one word about what they learned and/or are taking away
  - Ask 3 volunteers to share their word

### Additional Notes for Bringing it Back to Camp:

The ideal structure for creating a strong writing workshop is as follows:

- Intro / Icebreaker
- Inspiration / idea generator (this could be a personal story from the facilitator, an outside poem or example related to the topic, a news article or TV clip, or any other source of inspiration or art)
- Group or small group discussion
- Writing prompt / workshop
- Sharing
- Closing

I encourage counselors to play around with writing workshops pertaining to any theme, *tikkun olam*, or otherwise. This workshop is great for writing any kind of writing - not just poems. It can be used for writing letters home, letters to other campers, prayers, journal entries, group poems - the list goes on!



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