

CORNERSTONE 2017 RESOURCE

In-service Training

Eat. Pray. Invest.

AUTHOR(S):	Shalom Orzach
SUMMARY:	In this session we will consider the role of service and worship. What does the act of Prayer do for the growth of the individual and the development of community? – <i>Submitted by Shalom Orzach</i>
TOPIC(S):	Meaning making, prayer, re-discovering something “new”
LEARNING OBJECTIVE:	The participants will gain new skills and insights for making prayer more compelling in camp
AUDIENCE:	Teens and adults
TIMING:	45 minutes
APPENDICES:	N/A
MATERIALS NEEDED:	N/A
SET-UP DETAILS:	Circle

SESSION TIMELINE & OUTLINE:

- Open the session by asking participants to recall their best and significant *tefilah* experiences, then review and list best practices. (10 minutes)
- Ask participants to reflect on what it means to be a *Shalich Tzibbur*, a “Leader of the Community” and list the core qualities that arise. (10 minutes)
- Emphasize that with *tefilah*, and with so many other aspects of being a Jewish role model, training is never done. Our “service” provides and necessitates those moments. (5 minutes)
- Invite the participants to create and design their own prayer or articulation of a moment of radical amazement to share with the group. (15 minutes)
- Conclude (5 minutes)

ADDITIONAL NOTES FOR BRINGING IT BACK TO CAMP:

The creation of *tefilah* through poetry/creative arts is a wonderful exercise for both campers AND staff.