

CORNERSTONE 2017 RESOURCE

iPod Tefillah

Eat Pray Invest

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SUMMARY:	Nothing makes <i>tefillah</i> come alive like connecting prayers to your own playlists - learn how to do this with friends and campers in iPod Tefillah! - <i>Submitted by Sara Beth Berman</i>
TOPIC(S):	Camp-wide / Large Group Programs, Jewish Culture, Jewish Text, Music and Rhythm, Prayer - Tefillah, Prayer - Alternative
LEARNING OBJECTIVE:	<p><u>Understanding</u></p> <ul style="list-style-type: none"> • <i>Tefillah</i> can be fun • Learning about <i>tefillah</i> can happen during fun experiences • I can connect my daily life to prayer <p><u>Knowledge and Skills</u></p> <ul style="list-style-type: none"> • Participants will be able to explain meaning of prayers • Participants will be able to connect prayers to popular music
AUDIENCE:	<ul style="list-style-type: none"> • 7 years and older • At least 10 people - the more the merrier - up to several hundred people. <ul style="list-style-type: none"> ◦ With several hundred people, group everyone into smaller minyanim, who must come up with team suggestions.
TIMING:	30-60 minutes
APPENDICES:	N/A
MATERIALS NEEDED:	<ul style="list-style-type: none"> • Speakers (or sing the songs if you don't have speakers!) • S-cable • Microphone (if doing with a large group) • Siddurim, prayer cards, or online prayer site access is helpful.
SET-UP DETAILS:	<ul style="list-style-type: none"> • Open space to sit in small groups is nice, such as a gym or common room

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SESSION TIMELINE & OUTLINE:

Guidelines

- Each group sits in a circle (on the floor).
- As many participants that have/want to bring iPods or other MP3 players may bring them.
- Each participant can have a siddur.

Activity

- Before *tefillah* - have "Like A Prayer" playing on the overhead speakers (<https://www.youtube.com/watch?v=79fzeNUqQbQ>)
- Grabber
 - Grabber - Beatles "A Day In The Life" (5 minutes)
 - What kind of songs are good wake up songs?
 - Why did I choose A Day In the Life? (Hint: Good music is good for you.)
 - Youtube link - Start at 2:15 - <https://www.youtube.com/watch?v=usNsCeOV4GM>
 - Alternate Grabber - Mumford and Sons "Awake My Soul"(5 minutes)
 - Why is this a good song for *tefillah*?
 - Why did I choose this song? (finding meaning and sharing with the group is good!)
 - Youtube link - <https://www.youtube.com/watch?v=KpcBjt8Wqg8>
 - What's a song that you like to use for wake up? Sing the chorus!
- The iPod Service
 - Now that we've done a wakeup song, let's talk about *tefillah*!
 - Every morning, we have a set of prayers that we do in a certain order.
 - Your instructions are as follows:
 - For each prayer:
 - A page with a prayer will be called out.
 - You must decide what the prayer is about, and then find a song on your iPod that complements that prayer.
 - You must cue your iPod to the most relevant line in the song – the chorus is usually good.
 - One representative from your advisory will bring the iPod to the leader/checkers of songs.
 - The leader will decide which 3 groups get to play their song clip for that song. (if it's more than 3 per prayer, they won't do very many prayers.)
 - If you don't have the song on your iPod, you are welcome to sing it as a group.
 - In between:
 - When instructor holds up both hands, all noise must stop.
- Debrief Questions:
 - What did you like about this activity?
 - What was one thing you didn't know about one of the prayers that you learned today?
 - Did you disagree with any other groups' song choices? Why?
 - What was it like to come to a consensus with your group?
 - How will your prayer change in the future, now that you've done this exercise?

Bringing it Back to Camp (10 Minutes):

- How would you use a program like this at your camp?
- How does this make you think about prayer differently?
- What modifications would you make to a program like this to make it work in your setting?

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List of prayers (Page numbers from Mishkan Tefillah):

- Modeh Ani - p. 24
- Tallit Blessing - p. 26
- Mah Tovu - p. 30
- Asher Yatzar - p. 32
- Elohai Neshama - p. 34
- Nisim Bchol Yom - p. 36
- Eilu Devarim - p. 44
- Ashrei - p. 52
- Psalm 150 - p. 55
- Yishtabach - p. 56
- Hatzi Kaddish - p. 57
- Barchu - p. 58
- Yotzer Or - p. 60
- Ahavah Rabbah - p. 62
- Shema - p. 64
- V'ahavta - p. 66
- Mi Kamocha - p. 72
- Adonai S'fatai - p. 74
- Avot v'imahot - p. 76
- Gevurot - p. 78
- Kedusha - p. 82
- Bakashot - p. 84-92
- Modim Anachnu Lach - p. 94
- Sim Shalom - p. 98
- Oseh shalom - p. 100
- Aleinu - p. 586
- Kaddish Yatom - p. 598

ADDITIONAL NOTES FOR BRINGING IT BACK TO CAMP:

iPod Tefillah is developed from a URJ Camp Coleman iPod service concept. It is the best! Enjoy!