List of Traditional & Non-Traditional Tefilah lines:

**One-Liners from traditional Jewish Sources**

El na refa na la - *Please [God], heal her* (Numbers 12:13)

Adonai sefatai tiftach ufi yagid tehilatecha - *[God], open my lips so that my mouth can speak Your praise* (Traditional Siddur)

Shema Yisrael Adonai Eloheinu Adonai Echad - *Pay attention, O Israel, the [Lord] is our [God], the [Lord] is Singular* (Deuteronomy 6:4)

Hareini mekabel et alai et mitzvat haboreh: Veahavta lere’acha kamocha - *I am prepared to take on the mitzvah/commandment of my [Creator]/creation: Love your fellow as yourself* (Traditional Siddur)

Lecha amar libi bakshu fanai - *It is you that I seek, says my heart* (Psalm 27)

Hafachta mispedi lemachol li - *You have turned my mourning into dancing* (Psalm 30)

Ozi vezimrat Yah, vayehi li lishua - *[God] is my song and my strength, and my source of redemption* (Exodus 15:2)

Pitchu li shaarey tzedek (avo vam oded Yah) - *Open for me the gates of justice (so that I may enter and praise [God]*) (Psalm 118)

Even maasu habonim hayta lerosh pinah - *The stone which the builders rejected has become the Cornerstone* (Psalm 118)

Ufros aleinu sukkat shlomecha - *Spread over us your shelter of peace* (Traditional Siddur)

Hitoreri hitoreri, ki va orech, kumi ori - *Rouse yourself, rouse yourself, for your light is bright, rise and glow* (Traditional Siddur)
Oseh shalom bimromav, Hu yaaseh shalom aleinu ve’al kol Yisrael [ve’al kol yoshvei tevel] v’imru Amen - *May the One who brings peace to the universe bring peace to us and to all the people Israel [and to all who dwell on earth], and let us say: Amen* (Traditional Siddur)


[Alternative translation: May you feel safe. May you feel happy. May you feel peace.]

Avinu Malkenu, chonenu va’anenu ki ein banu ma’asim. Aseh imanu tzedakah vachesed vehoshi’enu - *Our Parent, Our Sovereign, have mercy on us and answer us, for our deeds are not enough. Deal with us charitably and with kindness, and redeem us.* (Traditional High Holiday Machzor)

**One-Liners from non-traditional/non-Jewish sources**

[Lord] prepare me to be a sanctuary, pure and holy, tried and true. And with thanksgiving, I’ll be a living sanctuary for You. (Shaker hymn)

We shall overcome, We shall overcome, We shall overcome, someday. Oh, deep in my heart, I do believe, We shall overcome, someday. (Orig. gospel song)

I thank you [God] for this most amazing day, for the leaping greenly spirits of trees, and for the blue dream of sky and for everything which is natural, which is infinite, which is yes. (e. e. cummings)

Our goal should be to live life in radical amazement....get up in the morning and look at the world in a way that takes nothing for granted. Everything is phenomenal; everything is incredible; never treat life casually. To be spiritual is to be amazed. (Rabbi Abraham Joshua Heschel)

Do you hear the people sing? Singing the songs of angry men? It is the music of the people Who will not be slaves again! When the beating of your heart Echoes the beating of the drums There is a life about to start When tomorrow comes! (Les Miserables)
Everything is awesome, everything is cool when you're part of a team. Everything is awesome, when you're living out a dream. (Tegan and Sara, The Lego Movie)

Woke up this morning with my mind stayed on freedom, I said I woke up this morning with my mind stayed on freedom, Well I woke up this morning with my mind, stayed on freedom, Hallelu, Hallelu, Hallelujah (Civil Rights Movement song, revamped from an old gospel hymn)

We are the Indians, Indians, Indians of the nation. The wild, wild creation. We won't bow down, Down on the ground. Oh how I love to hear him call Indian Red. (Traditionally sung at the beginning and end of Mardi Gras at meetings of Mardi Gras Indians in New Orleans)