

## CORNERSTONE 2017 RESOURCE

### Make your Own Tzitzit – Strings Attached! *Start Your Morning*

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<b>SUMMARY:</b>	Learn why and how to tie Tzitzit according to the Ashkenazic Tradition! – <i>Submitted by Meir Balofsky</i>
<b>TOPIC(S):</b>	Jewish Ritual
<b>LEARNING OBJECTIVE:</b>	Learn the source which details Tzitzit and how to tie one's own Tzitzit.
<b>AUDIENCE:</b>	All ages – ideally no more than a 10:1 instructor to participant ratio
<b>TIMING:</b>	45 minutes
<b>APPENDICES:</b>	Aish Article Handout
<b>MATERIALS NEEDED:</b>	Tzitzit “begged” / Garment with no strings attached. Set of thick Tzitzit strings (1 set and begged per participant)
<b>SET-UP DETAILS:</b>	Room with tables - each participant needs a table work space

#### **SESSION TIMELINE & OUTLINE:**

5 minutes – Explain source (3<sup>rd</sup> paragraph of the *Shma*) and the concept that creating this garment is a mitzvah and must be done with intention (*Kavanah*)

40 minutes – Instruct participants on how to tie Tzitzit and begin tying. With each knot completed one should recite “*Le’shem Mitzvat Tzitzit.*”

- Use four strings, one which is longer, to wrap around the others
- Tie the four ends together, to ensure that each string will end up with one end on each side
- Insert the strings into the hole, and be sure to say
- Tie a double-knot
- Wind the longer string around the others 7 times
- Tie a double-knot, and wind the longer string around the others 8 times
- Tie a double-knot, and wind the longer string around the others 11 times
- Tie a double-knot, and wind the longer string around the others 13 times
- Tie a (fifth and final) double-knot