

To put on slips of paper in hats for *Best. Program. Ever.* evening program:

Energy levels:

- Lethargic
- Just after a big meal
- Just before a really exciting announcement
- Tired from last night's overnight
- Mid-afternoon slump
- strong inquisitive energy
- hyperactive

Group sizes:

- pairs/partners
- groups of 4-5 people
- one bunk (10-13 people)
- one "edah"/division of approximately 40 people
- "boys side" or "girls side" meaning half the camp
- big group of mixed ages
- whole camp...

Modalities:

- written/journaled
- discussion-style
- experiential
- frontal
- lecture
- athletic
- meditative
- visual
- creative
- acted out

Transitions/Shifts:

- calm a group down
- get a group energized
- handle a large group when you anticipated a small one
- handle a small group when you anticipated a large one
- focus a group when participants are distracted
- change the energy of the room from serious to silly
- change the energy of the room from silly to serious