

Drum Circle Tefilah

Eat.Pray.Invest.

AUTHOR(S):	Noam Katz
SUMMARY:	This session will allow you to make a joyful noise in the morning, play with percussion, and set the rhythm for your day.
TOPIC(S):	Worship, Arts, Meditation
LEARNING OBJECTIVE:	Participants will learn how to conduct a simple drum circle, with tools that can enhance Jewish worship and/or community building
AUDIENCE:	No more than 30 (or however many drums/percussion you have to distribute)
TIMING:	45 mins.
APPENDICES:	Drum Circle handout
MATERIALS NEEDED:	Drums/percussion
SET-UP DETAILS:	Indoor space (not <i>too</i> large or cavernous), chairs arranged in a circle, with projector and screen

SESSION TIMELINE & OUTLINE:

Facilitator will lead a series of hand drumming exercises, related directly and indirectly to prayers in a Shacharit morning service. Some of these exercises and components include:

- 1) Drum sounds & shared cues
- 2) Call-and-response / Bar'chu
- 3) Morning blessings
- 4) "Funky in the Middle" / Mi Chamocha
- 5) Fingertip midrash / Shmoneh Esrei
- 6) Drum Circle sound symphony