

### Drum Circle Tefilah

*Eat.Pray.Invest.*

<b>AUTHOR(S):</b>	Noam Katz
<b>SUMMARY:</b>	This session will allow you to make a joyful noise in the morning, play with percussion, and set the rhythm for your day.
<b>TOPIC(S):</b>	Worship, Arts, Meditation
<b>LEARNING OBJECTIVE:</b>	Participants will learn how to conduct a simple drum circle, with tools that can enhance Jewish worship and/or community building
<b>AUDIENCE:</b>	No more than 30 (or however many drums/percussion you have to distribute)
<b>TIMING:</b>	45 mins.
<b>APPENDICES:</b>	Drum Circle handout
<b>MATERIALS NEEDED:</b>	Drums/percussion
<b>SET-UP DETAILS:</b>	Indoor space (not <i>too</i> large or cavernous), chairs arranged in a circle, with projector and screen

#### SESSION TIMELINE & OUTLINE:

Facilitator will lead a series of hand drumming exercises, related directly and indirectly to prayers in a Shacharit morning service. Some of these exercises and components include:

- 1) Drum sounds & shared cues
- 2) Call-and-response / Bar'chu
- 3) Morning blessings
- 4) "Funky in the Middle" / Mi Chamocha
- 5) Fingertip midrash / Shmoneh Esrei
- 6) Drum Circle sound symphony