Sex and Conversations About Consent
Appendix B – Understanding Consent and Action Plan Worksheet

Understanding Consent:
Use this space to note what elements of consent you hear that are either present or missing in the facilitators’ stories. You can expand your list based on the one we will generate together.

Making an Action Plan:
Based on the list of the elements of consent that we’ve created, what would your own path to consent look like in order to have a positive and safe experience that feels and is consensual for both you and a partner(s)?
What kind of language and tools can we use for giving and getting consent?

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<thead>
<tr>
<th>Giving Consent - Know yourself</th>
<th>Getting consent - Ask your partners</th>
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Centering Consent at Camp:

Based on what we've discussed so far, how can you ensure conversations about sex at camp are centered around consent, queer friendly, body positive, and does not contribute to social pressures of demands, or rape culture?