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Celebrate Tu B'Shevat, the birthday of the trees, ONE HAPPY CAMPER style.

Camp Tu B'Shevat



OneHappyCamper.org/Trees

A TREE'S NEW YEAR'S RESOLUTIONS

REACH FOR THE SUN!

At 93 million miles away, it's unlikely that a tree will ever grow high enough to touch the sun, but that doesn't stop it from trying. And as a reward, trees get to soak in all those rays, helping them grow.

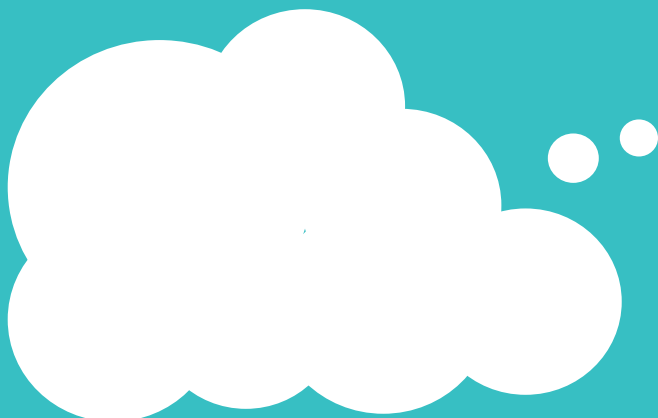
What is something you've always wanted to do that sounds a little crazy, or people tell you is impossible?



GROW ANOTHER RING AROUND MY TRUNK

Did you know that you can tell how old a tree is based on how many rings it has around its trunk? It adds a new one every year to make it bigger and stronger.

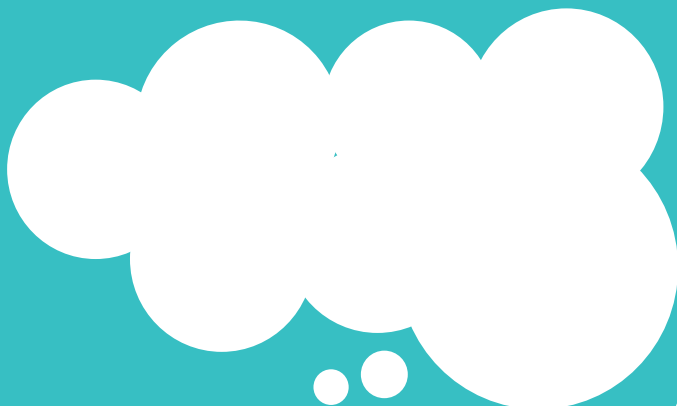
What is a trait you have that you'd like to strengthen this year?



PRODUCE FRUIT, FLOWERS, & SHADY LEAVES

All the things we love about trees - their fruit, their flowers, their shady leaves - take a lot of effort every spring!

What are some things you do for others?



SPREAD MY ROOTS

Think trees take a break over the winter months? Nope! Just like us, they cozy up and use the time as an opportunity to spread their roots and prepare for the spring.

Where is your happy place? What do you do to get yourself ready for warmer days (and camp!)?

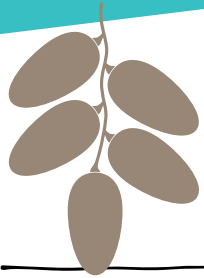


On Tu B'Shevat, we eat fruit, nuts, and grains.

Can you identify the fruit and grains below? Unscramble each name, and draw a line to its picture on this page!



FOOD SCRAMBLE



SGFI

HWTAE

AMOTEAGPREN

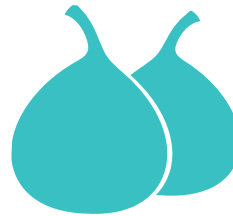
EDTAS



RESAGP

OVSIEL

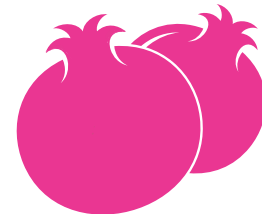
RYELBA



These wrinkly fruits grow on palm trees!



This is great in soup, especially with mushrooms!



BLESSING #1:

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁהַחַיִּינוּ וְקִיַּמְנוּ וְהִגִּיעָנוּ לַזְּמַן הַזֶּה.

Baruch attah Adonai, Eloheinu melech ha'olam, Shehecheyanu, vekiyemanu vehigiyanu lazman hazeh. Blessed are You God, King of the Universe, who has kept us alive, sustained us, and brought us to this season.

BLESSING #2:

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הָעֵץ.

Baruch attah Adonai, Eloheinu melech ha'olam, borai p'ri haetz. Blessed are you, our God, Creator of the Universe, who has created the fruit of the tree.

SAY HAPPY BIRTHDAY TO THE TREES WITH A

DIY MARBLE RUN

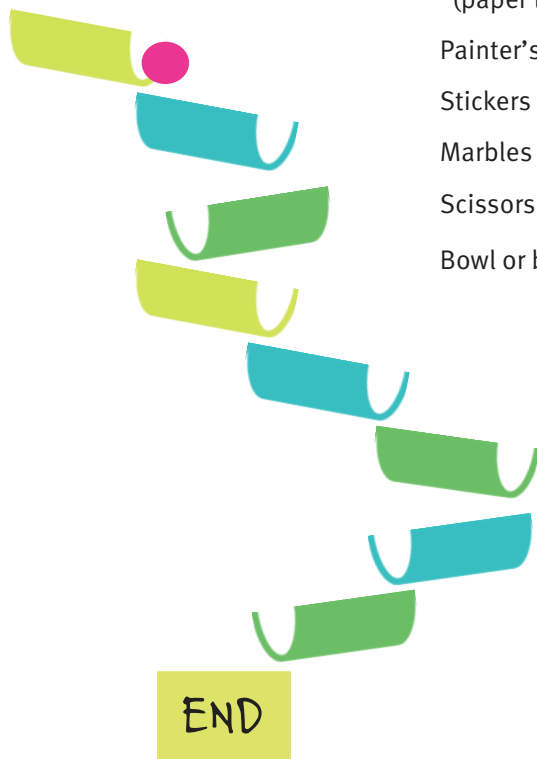
Find. Cut. Create.



One way to honor trees on Tu B'Shevat is to **recycle**. This project reuses empty paper towel and toilet paper rolls for a fun activity!

Can you think of other items that can be reused?

START



SUPPLIES:

- Cardboard Rolls (paper towels or toilet paper!)
- Painter's Tape
- Stickers & Markers
- Marbles
- Scissors
- Bowl or basket

HOW TO:

1. Decorate your empty cardboard rolls with markers & stickers.
2. Cut each cardboard roll in half lengthwise, creating two separate halves.
3. Find an empty spot on the wall, fridge, or door.
4. Using painter's tape, tape the first roll to the surface at an angle, as high as you can reach.
5. Tape the second roll under the first, lined up to catch the marble. Test as you go!
6. Continue taping up your rolls, until you use them all or reach the floor.
7. Add a bowl or basket at the bottom to catch your marbles.
8. Drop your marble at the top, and watch the magic happen!

SHOW US YOUR CREATION!
Want to be featured on our Facebook page? Take a photo of your finished marble run and submit it to:
OneHappyCamper@JewishCamp.org

MAKE IT A COMPETITION!

Want to do this with a friend? Start out with the same amount and sized cardboard rolls. Then build your marble runs next to each other. The person whose marble takes the **LONGEST** to reach the end, wins! (Don't let it get stuck!)

OneHappyCamper.org/Trees



Are you ONE HAPPY CAMPER?

Jewish summer camp is about so much more than campfires and color war. At camp, you get the chance to explore who you are—and who you want to become—in an active, inspiring, fun-filled environment. (Marshmallows included.) Jewish camp is so much more than that—it's **camp with a soul**. At Jewish camp, *ruach* (spirit) is part of every activity—from dancing to hitting a home run—allowing campers to explore their connection to Judaism in a meaningful way while having the **summer of their lives**.

There's a Jewish **camp for everyone**—With over 155 camps for kids of all ages, you'll have no trouble finding a great camp with options from traditional to sports, the arts and outdoor adventure. And better yet, you may be **eligible for up to \$1000 off** your first summer. Visit **OneHappyCamper.org** for more details.

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FOUNDATION FOR JEWISH CAMP
**one happy
camper**