

How did it go?

What were the goals of the program/project?

Which goals were met?

What were the most successful moments?

What/who made those moments successful?

What aspects of the program/project didn't work out well?

What kept them from working out well?

What could have gone differently to fix those?

What are ideas for additional tweaks or adaptations that could make this program even more amazing?

Big Picture: What's My Mission?

Below, write down as many words and phrases as come to mind for the following questions. Then circle the words/phrases that seem to connect to each other. Then turn the paper over and write out several versions of mission statements that bring those words and phrases together.

- What do I care about?

- What am I good at?

- What do I love to do?

Big Picture: What Do I Need?

Fill in 5-8 responses for each quadrant.

<p>What are your current best qualities, skills and talents?</p>	<p>What are qualities, skills and talents that you'd hope to build as you grow?</p>
<p>What are your most consistent and effective motivators?</p>	<p>What most consistently holds you back?</p>

(See follow-up discussion questions on the back of this sheet)

Discuss with co-staff or peer mentors (and take notes here):

- What goals do you want to set this summer to best take advantage of your strengths?
- What goals do you want to set this summer to best work towards your future growth?
- What practices can you try out to keep your motivators active and keep other things from holding you back?
- What support and/or accountability do you need from your co-staff or peer mentors to reach these goals and keep these practices going?

Ongoing Reflection

Fill out this worksheet weekly. Keep the previous weeks' entries and discuss them with co-staff or peer mentors to help you set specific goals for the week ahead based on what you find in your answers here.

Skills I used this week:

- Skills that come more comfortably for me:

- Skills that were more of a reach for me:

Challenges this week:

- Challenges that have continued on from previous weeks:

- Challenges that were new this week: