

The best remedy for those who are afraid, lonely or unhappy is to go outside, somewhere where they can be quite alone with the heavens, nature and God. Because only then does one feel that all is as it should be and that God wishes to see people happy, amidst the simple beauty of nature. As long as this exists, and it certainly always will, I know that then there will always be comfort for every sorrow, whatever the circumstances may be. And I firmly believe that nature brings solace in all troubles.

-Anne Frank, The Diary of a Young Girl



QUESTIONS FOR THE GROUP

1. Do you like the quote? Why/why not?
2. In your opinion, your own words, what is the meaning of this quote?
3. Why do you think the author is saying this?
4. Does the author's opinion matter to you? Why?

QUESTIONS FOR INDIVIDUALS

1. Do other people in your group agree or disagree with your interpretation of the quote?
2. Why/how do you think this quote is relevant to you? To others?
3. What was it like to enter into dialog with others about nature?
4. Did you change your mind or adjust your opinions, even slightly, after hearing other people's ideas/opinions about this quote?

