

**Tefillah: Prayer Doesn't Have to Be Perfect,
It Just Has To Be Yours**
Tefillah Specialty Track 1

Pirkei Avot (Teachings of Our Parents) 4:1

Pirkei Avot 4:1	
בן זומא אומר: איזהו חכם? הלומד מכל אדם, שנאמר: (תהלים קיט צט): "מכל מלמדי השכלתי כי עדותיך שיחה לי".	Ben Zoma said: Who is wise? One who learns from all people, as it is written (Psalm 119:99) "I have gained understanding from all my teachers."
איזהו גבור? הכובש את יצרו, שנאמר (משלי טז לב): "טוב ארך אפים מגבור ומשל ברוחו מלכד עיר".	Who is mighty? One who subdues their passions, as it is written (Proverbs 16:32) "One who is slow to anger is better than the mighty, and one whose temper is controlled than one who captures a city."
איזהו עשיר? השמח בחלקו, שנאמר: (תהלים קכח ב): "יגיע כפיך כי תאכל אשריך וטוב לך". אשריך, בעולם הזה וטוב לך, לעולם הבא.	Who is rich? One who rejoices in their portion, as it is written (Psalm 128:2) "You shall eat the fruit of the labor of your hands; you shall be happy, and it shall go well with you." "You shall be" refers to this world; and "it shall be well with you" refers to the world to come.
איזהו מכבד? המכבד את הבריות, שנאמר: (שמואל א ב ל): "כי מכבדי אכבד ובזי יקלני".	Who is honored? One that honors their fellow people, as it is written (I Samuel 2:30) "For those who honor me I will honor, and those who despise me shall be treated with contempt."

Questions about the text:

1. What does this text teach you about camp?
2. What does this text have to do with Tefillah?
3. What does this text teach you about learning at Cornerstone / with people who don't share your history, views, and/or opinions?
4. Which of these 4 dimensions matters the most to you? The least? Why?
5. And, as the text guides us, the parameters:
 - How can YOU be "wise" at camp?
 - How can YOU be "wise" in Tefillah?
 - How can YOU be "mighty" at camp?
 - How can YOU be "rich" at camp?
 - How can YOU be "rich" in Tefillah?
 - How can YOU be "honored" at camp?



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- How can YOU be “mighty” in Tefillah?
- How can YOU be “honored” in Tefillah?