

Having Difficult and Direct Conversations Elective 1

AUTHOR(S):	Jonah Canner
SUMMARY:	You will observe, deconstruct and practice the components of difficult and direct conversations.
TOPIC(S):	Difficult and direct conversations between counselors and their campers, peers, and/or supervisors
LEARNING OBJECTIVE:	Participants will deconstruct strategies and approaches used in having difficult and direct conversations. Participants will practice having direct and difficult conversations as a Counselor. Participants will give and receive feedback on their conversation technique.
AUDIENCE:	30 participants; counselors or supervisors (To be facilitated by an authorized trainer only)
TIMING:	90 minutes
APPENDICES:	Difficult Conversations Observation Sheet; Making Mensches: Periodic Table
MATERIALS NEEDED:	This program is not for replication
SET-UP DETAILS:	This program is not for replication

SESSION TIMELINE & OUTLINE:

Welcome (3 min)

Model a Difficult Conversation (10 min)

Deconstruct the modeled conversation (20 min)

In trios, practice the conversation (25 min)

- Round 1
- Round 2
- Round 3

Reflection conversation (20 min)

ADDITIONAL NOTES FOR BRINGING IT BACK TO CAMP:

This program is not meant to be brought back to camp or to be run without a trained facilitator.