

In this moment, today, I am grateful for...

Being awake, for memory to carry with me what I've learned and a mind with the ability to continue learning.

Looking at what is before me and understanding that each of us sees differently.

Being free to move and stretch, to try new things and go new places, to grow and to help others.

Able to learn from my mistakes and after falling try again.

Having a firm foundation to keep me grounded.

Finding confidence to move with strength.

Being surrounded by resources, material and people, to keep me safe so I may be comfortable and also explore being uncomfortable.

Being able to see things anew each day, each moment.

1

“Why fixed prayers? To learn what we should value, what we should pray for. To be at one with our people, the household of Israel. To ensure that the ideals painfully learned and purified, and for which many have lived and died, shall not perish from the community, and shall have a saving influence upon the individual.”

- Rabbi Chaim Stern

2

“You look at where you're going and where you are and it never makes sense, but then you look back at where you've been and a pattern seems to emerge.”

- Robert M. Pirsig

3

“To be a Jew is to know that over and above history is the task of memory.”

- Rabbi Lord Jonathan Sacks

4

“Education is the kindling of a flame, not the filling of a vessel.” - Socrates

5

“The best teachers are those who show you where to look but don't tell you what to see.”

- Alexandra K. Trenfor

6

“I have learned much from my teachers, more from my colleagues, and the most from my students.”

- Rabbi Chanina, Talmud (Ta'anis 7a)

7

“For the modern Jew, observance is no longer a matter of ‘the all or nothing.’ One only has to start. Nobody can tell where this beginning will lead.”

- Franz Roszenweig