

## CORNERSTONE 2018 RESOURCE

### Social Justice *Specialty Track 3*

<b>AUTHOR(S):</b>	Chana Rothman
<b>SUMMARY:</b>	In this session, we integrate our previous two sessions, reflect on our shared experiences together thus far, and mark collective and individual next steps on our journey. We ask the questions: What does this look like at your camp? What feels easy? What feels challenging? What do you need (from your toolbox and from us) to realize your vision? - <i>Submitted by Chana Rothman</i>
<b>TOPIC(S):</b>	Setting concrete goals for camp in journey to pursue justice Setting concrete short and long-term goals for life in journey to pursue justice Farewells/establishing needs and follow-up with this cohort
<b>LEARNING OBJECTIVE:</b>	Participants will be able to identify at least 3 goals for their journey to pursue justice at camp this summer. Participants will identify one change partner in the Specialty Track group and one change partner at camp who can help them towards those goals. Participants will be able to name the tools they have acquired and the tools they would like to acquire. Participants will recognize the importance of their connection to each other now and moving forward, connecting themselves to the larger narrative of Jewish journey towards justice.
<b>AUDIENCE:</b>	Fellows (college-age young adults), ideally 20 or fewer
<b>TIMING:</b>	90 minutes
<b>APPENDICES:</b>	None
<b>MATERIALS NEEDED:</b>	3 large, beautiful tapestries or quilts to hang on the wall Materials to hang tapestries or quilts on the wall! Book box
<b>SET-UP DETAILS:</b>	The coziest room possible! Couches and pillows are ideal. Set up can be as close to a circle as possible, especially if there is alternative seating

### SESSION TIMELINE & OUTLINE:

#### 0:00 - 0:10 Opening Activity: **Listening Pairs/Chevruta**

As participants enter the space, they find another person and do listening pairs/chevruta until the whole group is present. They are sharing/listening about how they're doing, anything on their mind, how Cornerstone is going so far for them, etc. The facilitator keeps time for them or they can time on their phones, watches, etc.

#### 0:10 - 0:20 Hakarat **Hatov**: Naming the Good

Participants share one thing that they want to celebrate, something that's going well for them. This is a tool for building relationships with each other. It also enables each person to notice some basic truths about things in their life that are good. When embarking on huge projects like fixing our broken world, it is crucial that we take time to notice the good things. It is also a Jewish value: gratitude! And gives us strength and connection for our journey.

#### 0:20 - 0:30 **Song**: Gates of Justice

Facilitator: Now that we have gotten close and begun identifying what we need to make the change, or to continue working for change, now we get to demand it! We will learn a song that comes from Psalm 118, a prayer in our tradition in which we demand that G'd open the gates of justice for us.

Ask the question: What are the Gates of Justice that you want to break open this summer?

#### 0:25 - 0:35 **Listening Pairs/Chevruta**

Responding to the prompt: What are the Gates of Justice that you want to break open this summer? Each person has 4 minutes to speak, 4 minutes to listen.

#### 0:35 - 0:60 **Setting and Sharing Goals**

Facilitator talks about importance of setting goals and creating plans. Recommitting to our journey to pursue justice, we begin by thinking about our camp communities. We begin to identify three goals for this summer in terms of pursuing justice. We think together about what gets in the way of these goals. We create accountability partners. We will decide on one or more people from this group who can stay in touch with over the summer, and identify one person in our camp community who can help us in these goals.

#### 0:60 - 0:65 **Humor/Humanity Break**

Open mic for anyone to share (appropriate) jokes, stories, videos, etc. Bio break if anyone needs bathroom, etc.

#### 0:65 - 0:75 **Listening Pairs/Chevruta**

You have made some decisions here. You will be working on your three goals this summer. You will have two accountability partners. What does that mean for you? What does that look like?

#### 0:75 - 0:85 **Next Steps**

This is our time as a group to help each other. What do people still need? What can people offer each other? How do folks want to stay connected?



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0:85 - 0:90 **Closing**

Group photo, info collecting (email/Facebook/Instagram, etc.), closing moment of sharing highlights.

### **ADDITIONAL NOTES FOR BRINGING IT BACK TO CAMP:**

Truly, this session is for Fellows to begin envisioning how this will look in their lives and particularly at their camps. It would be a great exercise to think about which portions of the tools we practiced and acquired will work at camp, in which settings, and to tailor appropriately.

Tools like Listening Pairs / Chevruta are also very helpful resilience skills for counselors. It would be great if each Fellow could think of something who can do Listening Pairs/Chevruta with them on a regular basis to support each other in the challenging day-to-day life at camp and beyond. That could be someone in this Social Justice cohort or someone at camp.