

CORNERSTONE 2018 RESOURCE

Make your Own Tzitzit – Strings Attached!

Eat Pray Dare

AUTHOR(S):	Meir Balofsky
SUMMARY:	Learn why and how to tie Tzitzit according to the Ashkenazic Tradition
TOPIC(S):	Jewish Ritual
LEARNING OBJECTIVE:	Learn the source and how to tie one's own tzitzit
AUDIENCE:	All ages – ideally no more than a 10:1 instructor to participant ratio
TIMING:	45 minutes
APPENDICES:	http://www.aish.com/jl/m/mm/Tzitzit.html
MATERIALS NEEDED:	Tzitzit “begged” / Garment with no strings attached. Set of thick tzitzit strings 1 set and begged per participant
SET-UP DETAILS:	Room with tables - each participant needs a table work space

SESSION TIMELINE & OUTLINE:

Explain source (3rd paragraph of the Shma) and the concept of creating this garment as a mitzvah that must be done with intention – Kavanah.

With each knot completed one should recite “I'shem mitzvah Tzitzit”

- use four strings, one which is longer, to wrap around the others
- tie the four ends together, to ensure that each string will end up with one end on each side.
- insert the strings into the hole, and be sure to say "*Le'shem mitzvat Tzitzit.*"
- tie a double-knot
- wind the longer string around the others 7 times
- tie a double-knot, and wind the longer string around the others 8 times
- tie a double-knot, and wind the longer string around the others 11 times
- tie a double-knot, and wind the longer string around the others 13 times
- tie a (fifth and final) double-knot