



ARTISTIC ADORNMENT

FREE HENNA DESIGNS
VOLUME ONE

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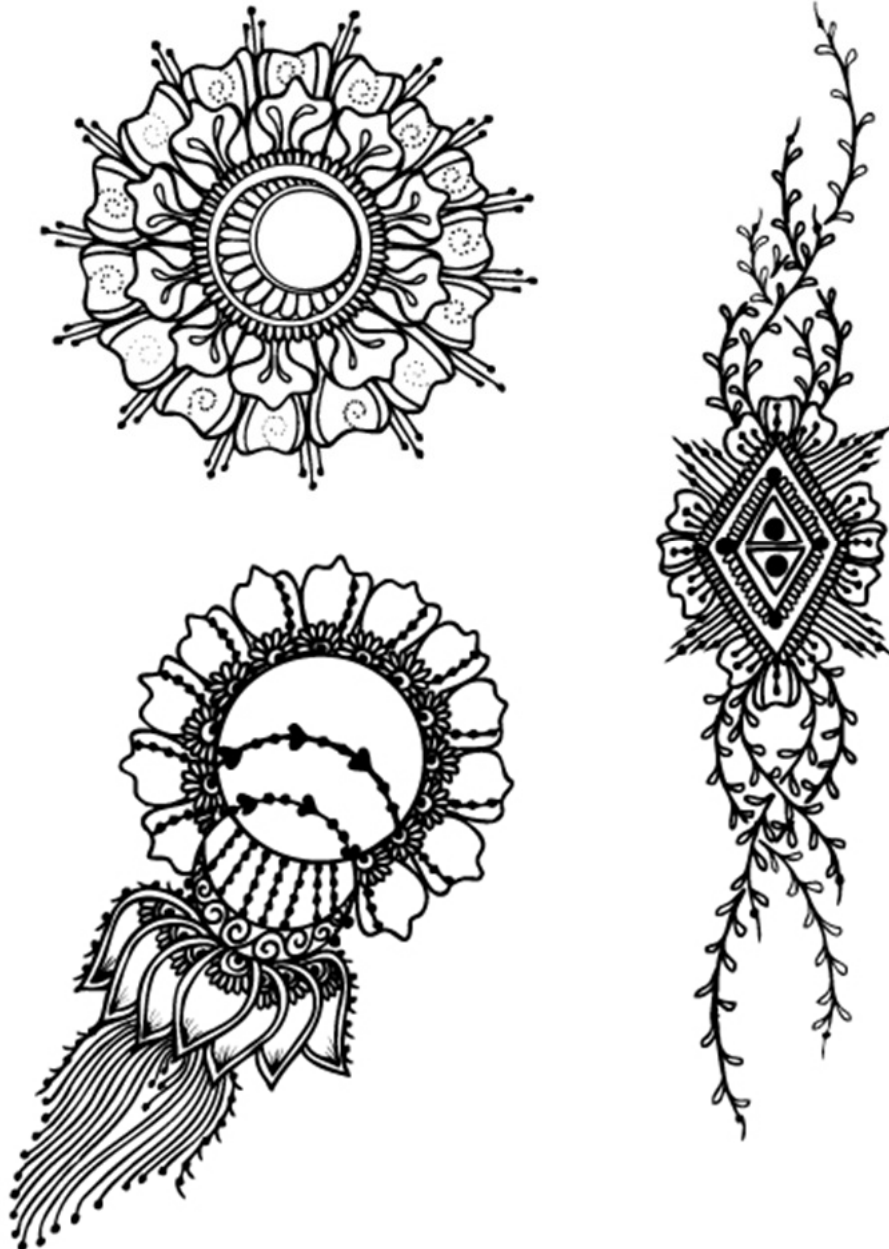
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For more henna design books and the highest quality henna supplies, please visit www.ArtisticAdornment.com

If you are interested in learning more about henna, please consider attending the annual Henna Gathering, an international henna artist conference held each March. Visit www.HennaGathering.org for more info.

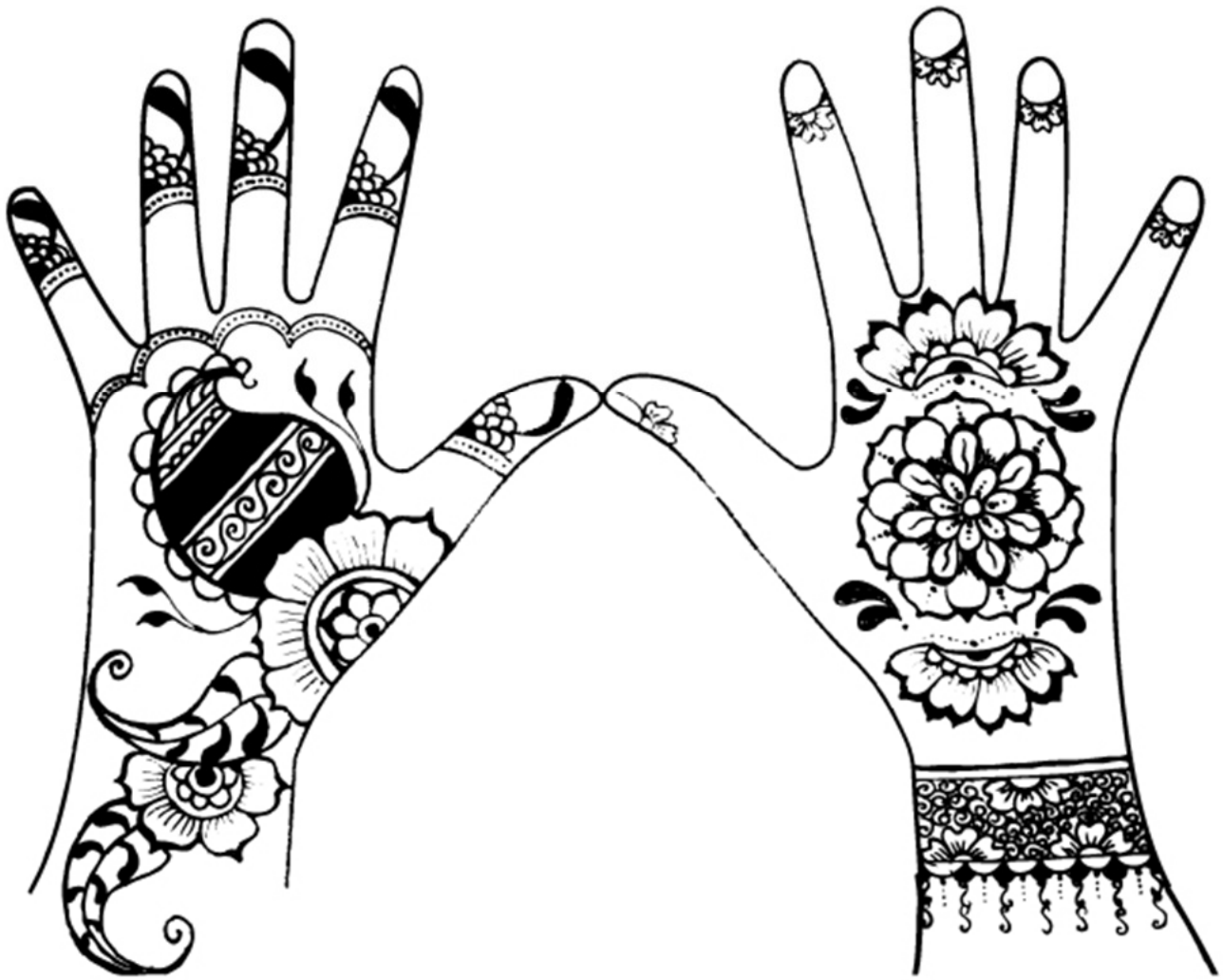
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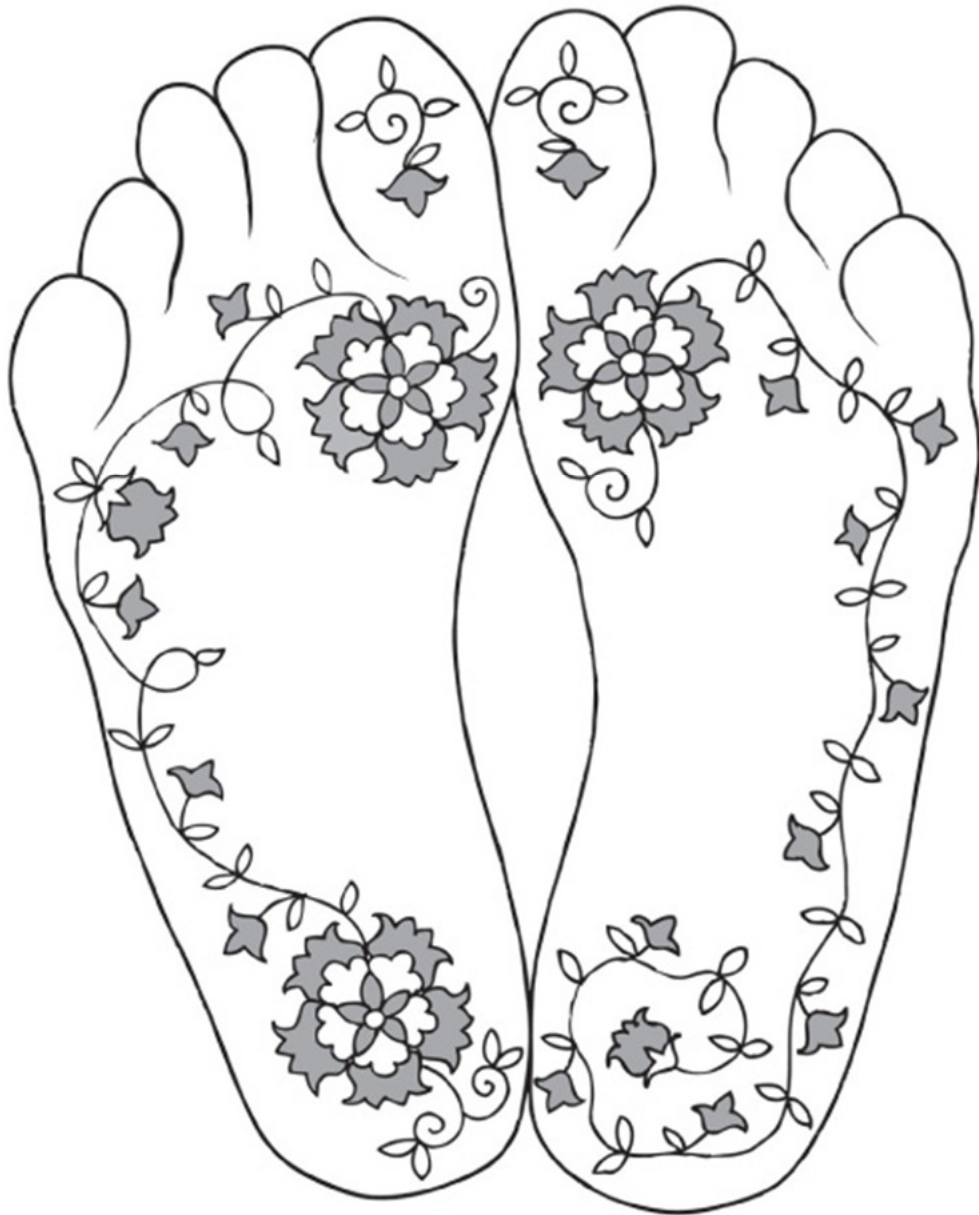
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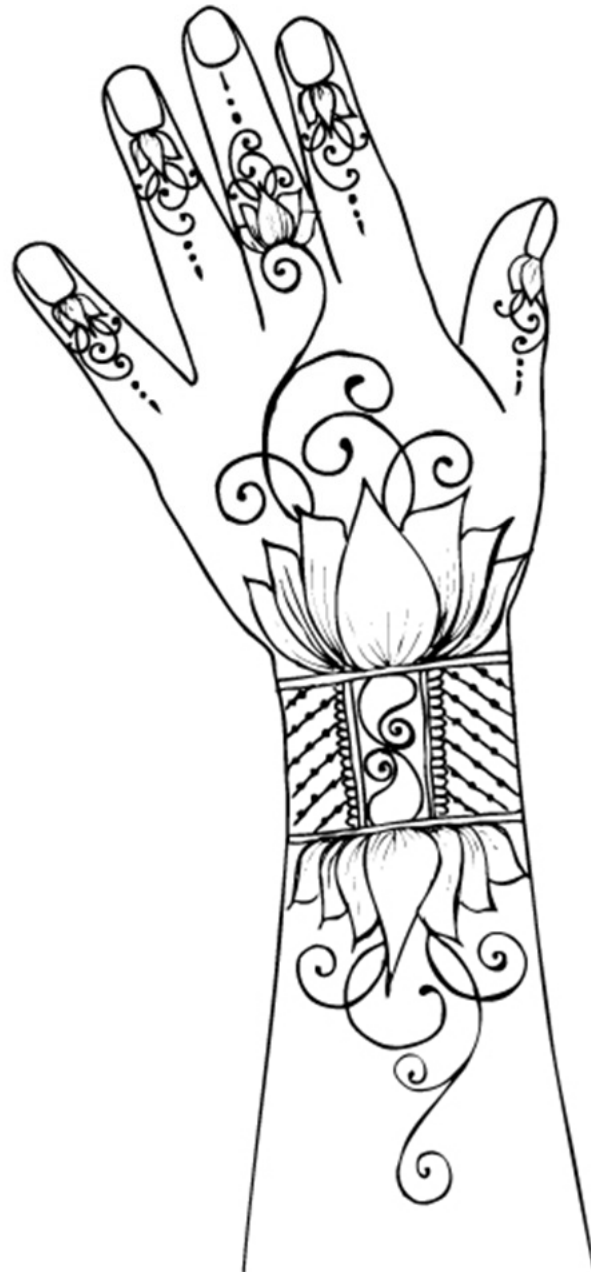
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Joy:

喜

喜

Courage:

勇氣

勇氣

Dream:

夢

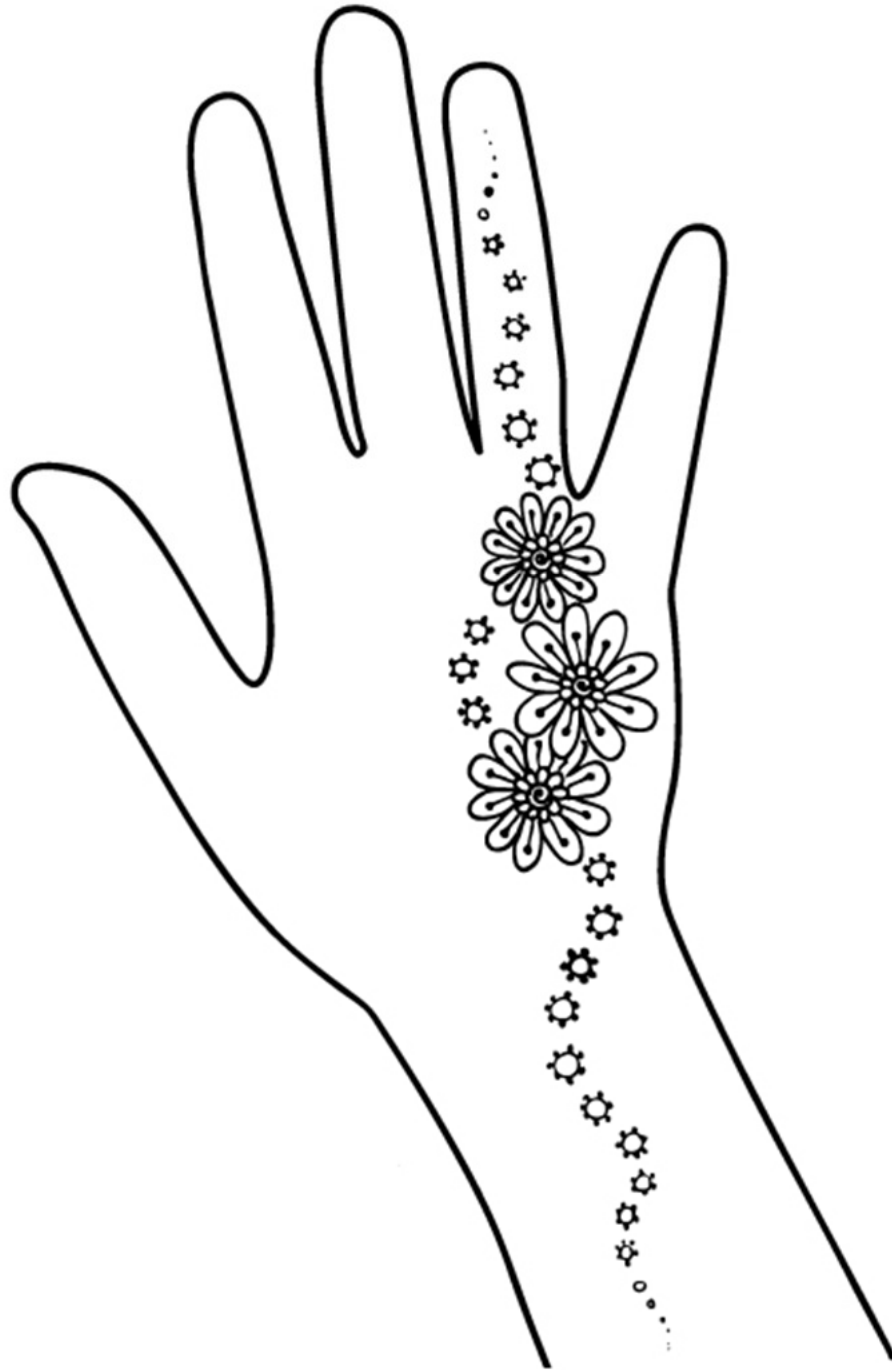
夢

Kind:

親切

親切

Free sample design from *Mehndi Party*
by Jamilah Zebarth
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Free Sample from *Om Shanti*
by Catharine Hinton
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Sthirasukhamāsanam
(Posture should have
the qualities of
stability and comfort)

*This design is aimed at Yoga students, reminding them of Patanjali's
Yoga Sutra 2.46, especially when they are in forward bending postures.*

Free Sample design from *Ohm Shanti*
by Jennifer Pouch
available at www.ArtisticAdornment.com



Free sample design from *Bridal Potpourri*
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Free sample design from *Bridal Potpourri*
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Free sample design from *Henna Design- Step by Step*
by Victoria Welch

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From \$5 to \$15

Taking a \$10 festival piece and turning it into a \$15 piece.



1. Start with the basic flower. This is the center of the design. All the other elements will build from here.



2. Working away from the center, add the leaf, thickening the lines on the front and back curves.



3. Add the center vein to the leaf.



4. Add the detail lines in a diagonal pattern.



5. Add the vine with a dot. Follow the curve of the leaf and keep the line even all the way around.



6. Starting at the flower petal, draw in the front of the second leaf, then draw in the back. Fill in the details.



7. Starting at the flower petal, draw in the vine, add the swirl/dot, and then the remaining dots.



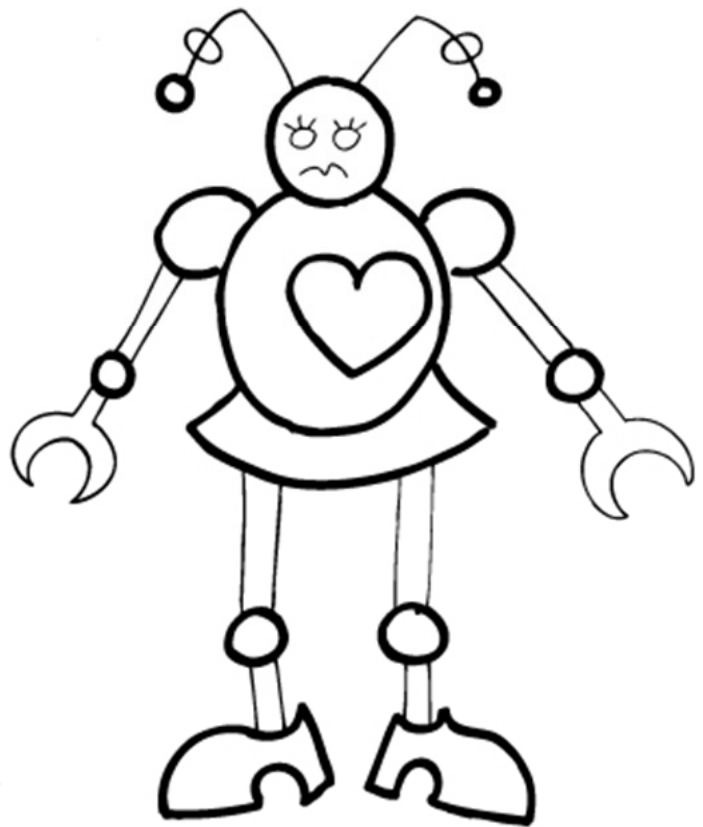
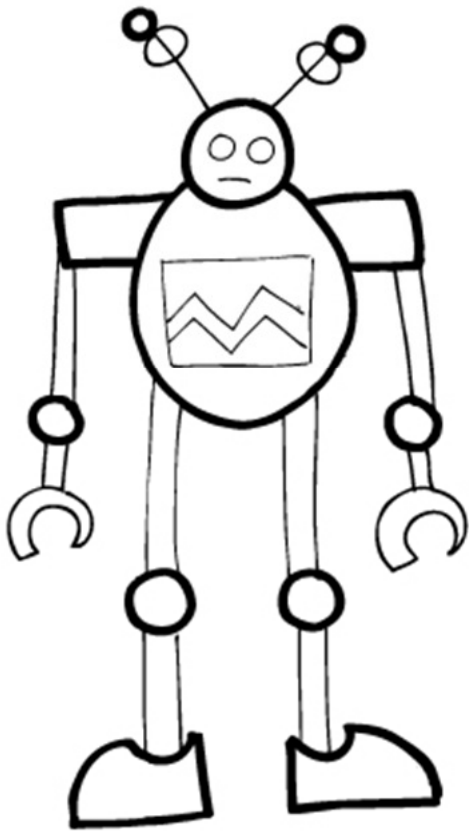
8. Draw in the partial flower.



9. Add the leaf on top, following the same method as before. Don't forget to thicken the lines!

Artist Tip: Break down each element and do them the same way each time for better design consistency. This will also build muscle memory.

Free sample design from *Skull Boy*
by Dominic Wright
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Free sample design from *Sudanese Henna Designs*
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