

CORNERSTONE 2018 RESOURCE

#MeToo, #TimesUp, & [Insert new hashtag here]:

Moving the Movement Forward *Evening Experience*

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SUMMARY:	While sexism, harassment and sexual assault are not new, we have reached a cultural moment, a massive opportunity for epic change. What is this #MeToo moment and movement, and where do you fit in? Join us for an evening program where we will use art, media, storytelling, and writing from a variety of perspectives to collectively move towards breaking broken culture norms to create a lasting and healthy culture of consent. All voices are welcome in this space. - <i>Submitted by Teri McGuire, Noam Katz, and Caroline Rothstein</i>
TOPIC(S):	Consent, Healthy Relationships
LEARNING OBJECTIVE:	The goal of this session is to help create a culture of consent at our camps and on our college campuses and beyond. Another goal is to help create a safe space for participants to explore their questions, experiences, comforts and discomforts with regards to consent and healthy relationship building.
AUDIENCE:	Target age: 15 and up (including CIT/Staff)
TIMING:	75 minutes
APPENDICES:	<ul style="list-style-type: none"> • “Gallery Media” PDF (printed in color) • Reaction Stickers
MATERIALS NEEDED:	Paper, pens, scissors, tape (painter’s or masking), 2-3 laptop computers (or tablets), markers
SET-UP DETAILS:	A large room with walls, a circle of chairs in the middle

SESSION TIMELINE & OUTLINE:

Part 1: Gallery (15 minutes)

- **Advance preparations:**
 - *Prepare gallery in advance by printing out appendices and taping/hanging/place the gallery images, texts, and media around the room where this program will be executed. Recommended that all pages be printed in full color.*
 - *Some of the recommended media is digital or video, which will depend on your camp's AV/tech abilities and access.*
 - *As new media arises in real time, feel free to add additional content to the gallery.*
- Welcome participants into the gallery space with the instruction to move around the gallery space and read, watch, review, and engage with the images, texts, and videos hanging on the walls and around the various parts of the room. Hand out a sheet of reaction stickers to each participant that they can stick directly on different gallery items. **NOTE:** Offer a “content warning” to participants that the media they are about to see could bring things up, as could the entire program’s content. Invite to self-regulate and self-care as needed inside or outside the room.
- When there are 2 minutes left, give participants a warning that there are 2 minutes left and to then please gather for the next portion of the program.

Part 2: Storytelling (20 minutes)

- Gallery walk concludes with either a piece of music to pull focus of everyone in the room.
- Facilitators acknowledge that they are now going to share stories of their own, and that the program will revisit the gallery for a full debrief later.
- Once all are seated, the three facilitators will share their #metoo themed stories (6-8 minutes each) - starting with **“I have been complicit...”** and ending with **“I will commit to end rape culture by...”**
 - Rationale: Before participants can feel comfortable sharing their own experiences and opinions (aloud or in writing), it is imperative that facilitators model their willingness to share a personal narrative connected to the delicate subject matter. To demonstrate that no matter our age, gender, or background, we all have personal stories that relate directly to consent and relationship dynamics. To give permission for others to express their vulnerabilities within a safe, non-judgmental space.

Part 3: Writing Activity (25 minutes)

- Paper and writing utensils distributed to all participants.
- Facilitator(s) invite participants to reflect on their experiences walking through the gallery and listening to the facilitators’ stories by free writing. Remind participants that they will not have to share what they write. (8 minutes).
- **NOTE:** If it serves the purpose of the exercise, they may be directed to begin their writing with the line, “I have been complicit...” and end it with, “I will commit to end rape culture by...” (so that they are aligned with the facilitators’ narratives.)



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- **NOTE:** If needed, some open-ended prompts might include:
 - *Which images, articles or stories most resonated for you?*
 - *Which pieces caused frustration, anger, confusion? Did any other emotions emerge for you?*
 - *What do you hope to learn or hear more about in this growing movement?*
 - *How do these issues and attitudes take shape in your camp? On your college campus? In your home life or hometown?*
 - *What is YOUR story?*
- Invite participants to break into pairs/hevruta and share the things they were thinking about, feeling, considering at this time. (5 minutes)
- After pair-share/hevruta, invite everyone back together to reflect on their thoughts, feelings, experiences thus far. (15 minutes)

Part 4: Closing Activity (15 minutes)

- Present to the group the following prompt: *“What is my takeaway from tonight to help create a culture of consent at camp this summer?”* and allow them time to think of their answer as the facilitator hands out a variety of different pages, each with one of the following prompts:
 - I consent to...
 - I will stand up when...
 - I will teach my campers to...
 - I will engage in conversations around...
 - I will talk to my senior leadership about...
- Pass out colorful markers and allow participants to fill out one (or more!) sheets. Invite participants to take a selfie with their sign, or find a friend to take a picture for them. Invite them to email their pictures to teri@jewishcamp.org and post them on social media tagging @jewishcamp and #jewishcamp