

AUTHOR(S):	Max Weinstein, Adina Allen, Elliot Shriner-Cahn
SUMMARY:	Staff members will prepare food together, challenged by different limitations, and considering the impact of their work on future generations.
TOPIC(S):	Communication, Dor v'Dor (Generation to Generation)
LEARNING OBJECTIVE:	We don't often know from the onset how other people communicate and their unique strengths. Ultimately, communication is critical for a building a successful team in each cabin.
AUDIENCE:	Staff Members
TIMING:	20 minutes
APPENDICES:	Recipe (if you'd like, this program includes a hummus recipe with step by step instructions and multiple roles. If you don't use this, you can see how the steps are broken out so that multiple people can prepare together - https://jewishcamp.org/campopedia/israeli-culture-unplugged-session-1/)
MATERIALS NEEDED:	Ingredients for your recipe. Cookie Supplies.
SET-UP DETAILS:	Space where you can prepare food. All the ingredients and kitchen tools set up in advance.

SESSION TIMELINE & OUTLINE:

0:00-0:02 Opening

0:02-0:12 Food Prep

0:12-0:20 Conversation (If you make Guacamole, you might call this "chips & chat")

Opening (2 minutes)

Acknowledge to the group that sometimes the people we love most, also get under our skin the most. As a group, name some behaviors that are difficult or irritating that you experience from someone you love (you don't have to say who, just the behavior)!

Food Prep (10 minutes)

Explain that for the next 15-20 minutes, we're going to work together to prepare _____ (Salsa, hummus, guacamole ...). Hand out roles for each person.

As the group gets started, take a minute to look at the list that was generated earlier. Note the elements that are challenges/frustrations related to communication. As a facilitator, determine 3-4 communication challenges that you see on the list. While they might not have been named exactly like this, it's likely that the following will be included on the list in some way:

- Someone is unresponsive or doesn't communicate well
- People who communicate too much
- People who disagree often
- Someone who asks the same question frequently or nags

From your list, while the cooking process has begun, determine a few directions for the group. Using the examples above, that could be:

- No one can speak
- You need to be constantly speaking
- Disagree with everything/be critical of the work of those around you
- Only speak in questions

After the first minute or two has passed, call out one of the communications instructions. Tell the group that until they hear otherwise they need to: _____ (even if their part(s) is/are complete)

For the remaining time, every minute or two, change the limitation of the group. In between, take a comment or two from staff members about how this specific limitation plays out with their campers.

Chips & Chat / Conversation (8 minutes)

Once the dish is prepared, gather everyone around to share in the food and sit comfortably for a conversation. Note that you started by asking for something that was irritating from the people you love... and obviously there is so much more to them than that one characteristic. Ask everyone to think for a minute about something that they learned or a quality that they have from that person that has shaped them positively.

Then share the following text:

Ecclesiastes 1:4

דֹּר הַלֵּךְ וְדֹר בָּא וְהָאָרֶץ לְעוֹלָם עֹמֶדֶת:

One generation goes, another comes, But the earth remains the same forever.

Note that when we can see beyond irritations, we get to the real opportunity - to learn and to teach. We have the same opportunity with campers and people in our community. As a group, discuss the following:

- How our work impacts the generations to come. What impact do we want to have on our campers?
- In this exercise, we were faced with communication challenges. How do we get beyond the communication challenges that stand in the way of us working effectively?