

What Does It Mean to be a Trauma-Informed Camp?

Based on Concepts Used by Trauma-Informed Schools

What does "Trauma-Informed" mean?

It's understanding the prevalence of trauma, its impact upon an individual, and acting in a manner that's supportive to those who have experienced trauma.

How prevalent is trauma among kids?

- ❖ 26% of children in the U.S. will witness or experience a traumatic event before they turn four.
- ❖ Four of every 10 U.S. children say they experienced a physical assault during the past year; one in 10 received an assault-related injury.
- ❖ 1 in 5 children witness violence in their family or the neighborhood during the previous year.
- ❖ Nearly 14% of children repeatedly experienced maltreatment by a caregiver, including nearly 4% who experienced physical abuse.
- ❖ 1 in 4 children was the victim of robbery, vandalism or theft during the previous year.
- ❖ More than 13% of children reported being physically bullied while more than 1 in 3 said they had been emotionally bullied.
- ❖ 60% of adults report experiencing abuse or other difficult family circumstances during childhood.

Selections from www.recognizetrauma.org/statistics.php

What are the characteristics of a trauma-informed camp?

