

CAMPOPEDIA RESOURCE

The Role of Camp in Gender Identity Exploration

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AUTHOR(S):	Jeremy A. Wernick, LMSW
TOPIC(S):	Gender identity, camper care
AUDIENCE:	Camp staff at all levels.
TIMING:	20-45 minutes
APPENDICES:	Gender Unicorn graphic (below)
MATERIALS NEEDED:	Copies of Gender Unicorn graphic (on next page) Thin markers
SET-UP DETAILS:	Any space with closing doors so conversations, examples, and questions can be discussed privately.

The Gender Unicorn

Graphic by:
TSER
Trans Student Educational Resources



Gender Identity

Female/Woman/Girl
Male/Man/Boy
Other Gender(s)

Gender Expression

Feminine
Masculine
Other

Sex Assigned at Birth

Female Male Other/Intersex

Physically Attracted to

Women
Men
Other Gender(s)

Emotionally Attracted to

Women
Men
Other Gender(s)

To learn more go to:
www.transstudent.org/gender

Design by Landyn Pan
Illustration by Anna Moore



SESSION TIMELINE & OUTLINE:

00:00-00:10

- Distribute individual copies of The Gender Unicorn.
- Review with participants components of gender identity development.
- Emphasize the relationship and differences between gender identity and sexual identity.

00:10-00:15

- Guide participants through the activity of marking themselves on each identity spectrum.
- Ask participants how this aligns with what they already know or challenges assumptions they hold.

00:15-00:30

- Lead discussion using related question prompts:
 - How has your perspective on these spectrums changed throughout your lifespan?
 - What factors did you consider in placing yourself on each spectrum?
 - What were some challenges you faced in considering these spectrums?
 - How might understanding these spectrums inform our work with campers and staff?

ADDITIONAL NOTES FOR BRINGING IT BACK TO CAMP:

- Consider modifying the activity to give participants the opportunity to complete this exercise for different times in their life, in different relationships, or how others perceive them.