

## CORNERSTONE 2019 RESOURCE

### Advance Israeli Dance *Evening Experience*

<b>AUTHOR(S):</b>	Erica Goldman
<b>SUMMARY:</b>	An Israeli dance session for experienced Israeli dancers (or those not experienced but ready to follow along, make the best of it, and smile while making lots of mistakes) - <i>Submitted by Erica Goldman</i>
<b>TOPIC(S):</b>	Israeli dancing
<b>LEARNING OBJECTIVE:</b>	Participants will have fun doing dances they know, learning or trying some they don't know, and getting some physical exercise. If they're lucky, they'll also pick up some tips about leading Israeli dancing and what it represents.
<b>AUDIENCE:</b>	Any age range that knows some Israeli dances; any size (the bigger the better)
<b>TIMING:</b>	75
<b>APPENDICES:</b>	None
<b>MATERIALS NEEDED:</b>	Sound system, Israeli dance music (dance cuts, not album versions of songs), handheld mic if large enough crowd/space
<b>SET-UP DETAILS:</b>	Any space large enough to accommodate the group in both a circle and a block (for line dances), can be indoor or outdoor, not carpeted. Access to drinking water is helpful.

#### SESSION TIMELINE & OUTLINE:

Play and lead Israeli dances! Solicit requests and include those. Play a variety of types of dances including fast and slow, old and new, simple and complicated, circle, line, and partner. Say the name of each dance clearly so participants can learn or recognize them if they don't already know them. Allow space for variations of choreography between people from different camps. Lead whenever it's not clear participants are perfectly comfortable on their own. Give breaks for water if needed; take opportunities to teach background, history, values, tips, etc when they arise.

Dances may include: Yalla, Adama Vshamayim, Ma Navu, Ba La, Bim Bam Bom, Turkish Kiss, Hafinali, Eize Yom Yafe, Veleru, Et Lirkod, Zodiak, Rikud Hashvatim, Zuz Mitzad Letzad, Arrasando, Yoya, Darkeinu, Eli Eli, Footloose, Haroa Haktana, Hineh, Hora, Hora Or, Huna Huna, LaLaLand, No Diggity, Ohevet Ozevet, One Day, Pata Pata, Suddenly, Yesh Lanu Tayish, Zorba

Leader may incorporate dances commonly done at evening song and dance sessions or intentionally avoid them (like Jungle, Shemesh, or Sieben Sieben, for example)

Be sure to program according to the age and experience of the group!

Choose a crowd favorite or a dance that is easy to follow to wrap up the session with, so a majority of participants participate in the final dance.