

Israeli Dance, Session 2

ADAMA VESHAMAYIM

Adama veshamayim,  
chom ha'esh,  
tzlil hamayim

Ani margish zot begufi,  
beruchi, benishmati.

Heya...heya...heya...heya.....heya  
Heya...heya...ho.....

EARTH & SKY

Earth and sky,  
the heat of fire,  
the sound of water

I feel it in my body,  
in my spirit, in my soul.

Heya...heya...heya...heya.....heya  
Heya...heya...ho.....

אדמה ושמים  
חום האש צליל המים  
אני מרגיש זאת בגופי  
ברוחי בנשמתי

Hebrew lyrics adapted by Shimon Suissa  
Recording used for Israeli dance by Lehakat Segol  
Israeli dance choreographed by Gadi Bitton