

CORNERSTONE 2019 RESOURCE

A Matter of Perspective: Prayer & Tefillah (Part 1) *Specialty Track*

AUTHOR(S):	Sara Beth Berman
SUMMARY:	You are never exactly the same person from one day to the next, one year to the next. As you change, and grow, and shift, so does your presence and presence of mind. In this session, we're going to do a deep dive into all the different factors that make us who we are, and build a tangible reminder of ourselves in the process. - <i>Submitted by Sara Beth Berman</i>
TOPIC(S):	Tefillah, Art
LEARNING OBJECTIVE:	<ul style="list-style-type: none"> • Participants will be able to communicate their feelings about Tefillah with others. • Participants will be able to demonstrate moments in camp where experiencing Tefillah is a wonderful way to explore personal and communal meaning. • Participants will have a feeling of freedom in creating interesting and engaging Tefillah programming, with a focus on openness to experimentation and exploration.
AUDIENCE:	Learners of all ages!
TIMING:	90 Minutes
APPENDICES:	<p>Texts (below)</p> <ul style="list-style-type: none"> • Mishnah Brachot 4:4 • Pirkei Avot 5:20 • Joseph's Coat, Adapted from Genesis 37 // From Joseph and the Amazing Technicolor Dreamcoat, written by Tim Rice
MATERIALS NEEDED:	<p>You absolutely should modify your supply ordering based on what works for your camp. The only modification is don't use fine or medium glitter - if it gets out of the kaleidoscope, it could hurt the eye of the user.</p> <ul style="list-style-type: none"> • Discount School Supply Kaleidoscopes • Glitter • Beads • Sequins • Confetti • Assorted rainbow of Sharpies • Assorted Washi Tape
SET-UP DETAILS:	<ul style="list-style-type: none"> • Room with tables and chairs - either U-shaped or rounds or dining hall rectangles so people can be in conversation. • Audio setup

Broad Subject and Skill(s)

- The spark of Tefillah - the passion and excitement for it - lives in you. Usually.
- People in your camp/school/home community have feelings about Tefillah, and they can all learn from sharing those thoughts with each other.
- Tefillah is a process, and looks different to different people in different ways at different times.

Understanding

- I can help to build a positive and exploratory Tefillah environment at camp.
- My love of Tefillah and my need to provide excellent educational experiences. Thinking about everybody's perspective will help craft programming that will address different needs at different times.
- Tefillah is an experience at camp that can be as life-changing as any other.

Essential Questions

- Why does Tefillah matter to me?
- Why does Tefillah matter at camp?
- How can I share my feelings about Tefillah with others at camp?
- How considering learner perspective positively impact Tefillah and programming at camp?

SESSION TIMELINE & OUTLINE:

If this is your first session with these participants – play a name game! (10 minutes)

Activity -- Step-by-Step Session Description // Time: 80 minutes

1. Grabber (10 minutes) Rorschach:
 - a. Who's heard of Rorschach - and inkblot tests? We're going to work on how we see the world.
 - b. Take the test - we're going to look at some cards, and you're going to write down what you see.
 - i. Take a look at this card - write down on a notecard what you think it represents. (x3)
 - ii. Redistribute cards - who interpreted the inkblot in the way you saw it? Differently?
 - iii. Discussion questions:
 1. What did it feel like to read something you agreed with?
 2. What did it feel like to read something that you couldn't see?
 3. How does this relate to the Tefillah experience?
 - 4.
2. Hakol Inyan Shel Hashkafa // הכול ענין של השקפה (60 minutes): Several years ago, a dear friend bought me a tiny token. This kaleidoscope, that she picked up at Nachalat Benyamin in Tel Aviv, was engraved with the sentence: "Hakol Inyan Shel Hashkafa // הכול ענין של השקפה" - it's all a matter of perspective. What does that line mean to you?
 - a. Let's Talk With all the Colors of the Wind (20 minutes) - Text study
 - i. There's a few texts we're going to delve into to make sense of this project:
 1. Mishnah Berachot 4:4 - Doing your fixed prayer without your personal flair meaningless. (*Mishnah berachot 4:4 - Translation SBB*)
 2. Ben Bag Bag says: Search in it and search in it, since everything is in it. And in it should you look, and grow old and be worn in it; and from it do not move, since there is no characteristic greater than it. (*Pirkei Avot 5:20 - Sefaria.org*)

CORNERSTONE 2019 RESOURCE

3. Joseph's Coat Lyrics (Rice / Lloyd Weber text)
 - a. Play song for fun!
 4. Questions:
 - a. What makes you YOU in Tefillah?
 - b. What makes you YOU as a Jew?
 - c. What is the value in constantly changing your perspective?
 - d. What does the Joseph story tell us about Judaism?
 - e. What does the Joseph story tell us about diversity in Judaism?
 - f. What does the Joseph story tell us about our sense of self?
- b. Build it (15 minutes) - Now we're going to make a constantly shifting perspective, in real form:
- i. Please grab the component pieces that will make your own kaleidoscope. Think of it this way:
 1. Chunky glitter = something small.
 2. Big beads = something significant, steadfast.
 3. Small beads = something small, but usually present.
 4. Sequins = something small, but not always present, and/or something weird.
 - ii. Got your kaleidoscope down? WHAT ABOUT THE OUTSIDE? Decorate your vessel with washi tape, markers, etc. Go for it!
- c. Share (25 minutes) - In a smaller group, share what your kaleidoscope means for you today, and also maybe what it might mean for you tomorrow.
3. Closing Questions (10 minutes)
- a. What did you learn about yourself today?
 - b. How did the material you choose impact what you saw inside of your kaleidoscope?
 - i. How does this question make you think about your soul?
 - c. What was new for you in today's activity - how did you turn it and turn it?
 - d. What was most surprising about your discussions with your friends today?
 - e. What is one thing you learned from this activity that you'd like to use in the future - and how?
 - f. What other perspective-considering would you like to accomplish, and how can using the kaleidoscope methodology do that for your camp/ers?

●● הכול ענין של השקפה ●● *Hakol Inyan Shel Hashkafa* ●●

●● It's All A Matter of Perspective ●●

Text Sheet - Page 1

Joseph's Coat

Adapted from Genesis 37 // From Joseph and the Amazing Technicolor Dreamcoat

Written by: Tim Rice

(Lyrics pulled from allmusicals.com)

<p>Joseph's mother, she was quite my favourite wife I never really loved another all my life And Joseph was my joy because He reminded me of her</p> <p>Through young Joseph, Jacob lived his youth again Loved him, praised him, gave him all he could, but then It made the rest feel second best And even if they were -</p> <p>Being told we're also-rans Does not makes us Joseph fans</p> <p>But where they had really missed the boat is</p> <p>We're great guys but no-one seems to notice</p> <p>Joseph's charm and winning smile Failed to slay them in the aisle And his father couldn't see the danger He could not imagine any danger He just saw in Joseph all his dreams come true Jacob wanted to show the world he loved his son To make it clear that Joseph was the special one So Jacob bought his son a coat A multi-coloured coat to wear</p> <p>Joseph's coat was elegant, The cut was fine</p>	<p>The tasteful style was the Ultimate in good design And this is why it caught the eye A king would stop and stare</p> <p>And when Joseph tried it on He knew his sheepskin days were gone</p> <p>Such a dazzling coat of many colors How he loved his coat of many colors</p> <p>In a class above the rest It even went well with his vest Such a stunning coat of many colors How he loved his coat of many colors It was red and yellow and green and Brown and blue Joseph's brothers weren't Too pleased with what they saw</p> <p>We have never liked him All that much before And now this coat Has got our goat We feel life is unfair</p> <p>And when Joseph graced the scene His brothers turned a shade of green His astounding clothing took the biscuit</p> <p>Quite the smoothest person in the district</p>	<p>I look handsome, I look smart I am walking work of art Such a dazzling coat of colors How I love my coat of many colors</p> <p>It was red and yellow and green and brown And scarlet and black and ochre and peach And ruby and olive and violet and fawn And lilac and gold and chocolate and mauve And cream and crimson and silver and rose And azure and lemon and russet and grey And purple and white and pink and orange And red and yellow and green and brown and Scarlet and black and ochre and peach And ruby and olive and violet and fawn And lilac and gold and chocolate and mauve And cream and crimson and silver and rose And azure and lemon and russet and grey And purple and white and pink and orange And blue</p>
--	---	---

●● הכול ענין של השקפה ●● *Hakol Inyan Shel Hashkafa* ●●

●● It's All A Matter of Perspective ●●

Text Sheet - Page 2

<p>העושה תפילתו קבע אין תפילתו תחנונים</p>	<p>Doing your fixed prayer without your personal flair meaningless. <i>(Mishnah Brachot 4:4 - Translation SBB)</i></p>
<p>בן בג בג אומר, הפך בה והפך בה, דכלא בה. ובה תחזי, וסיב ובלה בה, ומנה לא תזוע, שאין לה מדה טובה הימנה:</p>	<p>Ben Bag Bag says: Search in it and search in it, since everything is in it. And in it should you look, and grow old and be worn in it; and from it do not move, since there is no characteristic greater than it. <i>(Pirkei Avot 5:20 - Sefaria.org)</i></p>

Discussion Questions

1. What makes you YOU in Tefillah?
2. What makes you YOU as a Jew?
3. What is the value in constantly changing your perspective?
4. What does the Joseph story tell us about Judaism?
5. What does the Joseph story tell us about diversity in Judaism?
6. What does the Joseph story tell us about our sense of self?