

ARC – Autonomy

What choices are made accessible by this program? By this action? By these words?

- 1) What times can you think of from your own camp experience that teens have wanted choice (your own experience's or your campers' are fine) outside of what was available. What was the result?
- 2) Make a list of places / events / programs that to your knowledge, or in your opinion, at one time or another, did or could struggle due to not offering enough choice.
- 3) What do the different self-regulatory styles look like in teens at camp?

As a helpful mnemonic, think of autonomy through the following lens: participants can't feel autonomous, or 'on-fire' unless **they feel control** over their Fuel, Air, and Heat



Space to Design Havdallah / Shabbat Experience with Autonomy fulfilled:

Concept Map Space :

