

# ARC-P: Bringing it All Together

Fuel  
Food, water, shelter



Air  
Comfort, Relief



Smoke  
No Ending, and  
No Beginning



Scent  
Overpowering,  
turns off the  
'Little Voice'

Altar  
Safe Place  
to Burn

Bread  
Temporary  
Spotlight



Stage  
Building  
Competence



Heat  
Fears, Goals

**Autonomy**

**Relatedness**

**Competence**

Between Us  
and the  
Divine



**Purpose**

My Purpose for \_\_\_\_\_ : \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

<i>Psychological Need</i>	<b>Autonomy</b>	<b>Relatedness</b>	<b>Competence</b>	<b>Purpose</b>
<i>Tabernacle Symbol</i>	Light in the Menorah	Incense in the Altar	Showbread on the Table	Tablets in the Ark
<i>Shabbat Expression</i>	Choosing your Shabbas	Finding your community for Shabbas	Committing to your Shabbas	Reflecting on your Shabbas
<i>Havdallah Expression</i>	Choosing your space	Agreeing on your niggun	Hearing the sizzle	Celebrating your time
<i>Abstract Expression</i>	Geometry of the group	Harmony of the group	Focal points for the group	Goal of the group
<i>Concrete Expression</i>	Light from the Candle	Spices Box	The Wine	The Sizzle
<i>Enduring Question</i>	<b>What choices are made accessible by this program?</b>	<b>What connections between participants are made accessible by this program?</b>	<b>What competencies are given a temporary stage in this program?</b>	<b>What is created by participants in this program, and how is it also creating them?</b>

Concept Map Space: