

Consent! Worksheet.

Definitions of consent:

Noun: Permission for something to happen or agreement to do something.

Verb: Give permission for something to happen.

Activity #1: Self

- What are some ingredients and elements of consent with only yourself involved?

 - What are examples of ways you exercise / experience consent with, for, and by yourself?

 - What are ways you could expand how you practice consent with, for, and by yourself?
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Activity #2: Interpersonal

- What are some ingredients and elements of interpersonal consent (with another person)?

- What are examples of ways you experience consent with another person?

- What are ways you could expand how you practice consent with another person?

Activity #3: Communal

- What are some ingredients and elements of consent in a communal space?

- What are examples of ways communities exercise and experience consent?

- What are ways your communities could expand their practices of and around consent?