

Appendix - Challenge Cards

<p>Topic 1 – Red</p> <p>Get everyone in the room to do jumping jacks in unison</p>	<p>Topic 1 – Green</p> <p>Inspire everyone to write down five things they are grateful for</p>	<p>Topic 2 – Orange</p> <p>Find out how in many languages the group can collectively say "thank you"</p>	<p>Topic 2 – Blue</p> <p>Without talking, get the whole room clapping and stomping the "we will rock you" beat (stomp stomp clap) at the same time</p>	<p>Topic 3 – Yellow</p> <p>Have everyone stand at least arm's length away from everyone else; demonstrate success by having everyone spin in a circle with arms out and not touching anyone else</p>
<p>Topic 1 – Orange</p> <p>Get everyone to think of a favorite bedtime story or song and share the last word from the title of it.</p>	<p>Topic 1 – Blue</p> <p>Start a game of G'day Bruce, Sh-Booyah Roll Call, or your favorite ice breaker game</p>	<p>Topic 2 – Yellow</p> <p>Have each person find out the middle name of three other people in the room only by demonstrating the task, not instructing them to do it</p>	<p>Topic 3 – Red</p> <p>Arrange the group into two teams and have them set up in the formation of a baseball game with the bases loaded</p>	<p>Topic 3 – Green</p> <p>Arrange the room and participants in it so it's set up for them to eat a meal there, as though the dining room was being painted and this was where lunch was going to happen.</p>
<p>Topic 1 – Yellow</p> <p>Have everyone make up a group cheer for Cornerstone 2020</p>	<p>Topic 2 – Red</p> <p>Without using your own voice to get the group's attention, instruct everyone on the proper way to tie their shoe all at the same time</p>	<p>Topic 2 – Green</p> <p>Sincerely compliment four people in the room and then give them the instruction to do the same, until everyone in the room has been complimented</p>	<p>Topic 3 – Orange</p> <p>Organize the fellows so everyone is lined up in straight rows of no more than 5</p>	<p>Topic 3 – Blue</p> <p>The pool party has been canceled due to thunderstorm! Utilize the space and objects available to enjoy the pool party in this room.</p>