

Thank You and Good Night - Reflection

What was the first thing you did today?

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What was your favorite activity today? \_\_\_\_\_

What meal did you enjoy most today? \_\_\_\_\_

What is one kind thing someone did for you today?

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What is one kind thing you did for someone else today?

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I'm proud of myself for \_\_\_\_\_ today.

Tomorrow would be a great day if \_\_\_\_\_ happened.

What's a memory from this week that you'd like to remember?

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How do you want to "wake up" tomorrow?

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Draw a picture of your favorite location you were at today

