

CORNERSTONE 2021 RESOURCE

WE MADE A CABIN BRIT, NOW WHAT?

Elective

AUTHOR(S):	Rachel Dubowe
TOPIC (S)	Community Building, Group Dynamics
SUMMARY	We're all familiar with the first night of camp activity of making a cabin brit, but how do we make sure our cabin brits are realistic, accessible and inclusive? In this elective, we will explore the creation process of a cabin brit, different strategies to ensure that a cabin brit is a living document for campers, and how to empower campers to be their best selves in and out of their cabin.
GOALS:	<p>Participants will feel prepared to write a brit that is accessible, inclusive and a living document.</p> <p>Participants will be able to reflect on past brit making experiences.</p> <p>Participants will be able to plan for future brit making opportunities.</p> <p>Participants will know how a brit can become a living document.</p>
AUDIENCE:	This program is for cabin counselors. Ideal size is 15-25 participants.
TIMING:	75 minutes
APPENDICES:	NA
MATERIALS NEEDED:	NA
SET-UP DETAILS:	Zoom/a big room where everyone can sit and hear each other comfortably. Additional space for break out groups as well.

SESSION TIMELINE:

- 00:00-00:20 Introduction/Framing
- 00:20-00:30 Brit Writing
- 00:30-00:45 Scenario Activity
- 00:45-00:55 Scenario Reflection
- 00:55-1:15 Bringing This Back to Camp/Final Reflection

SESSION OUTLINE:

00:00-00:20 Introductions/Framing

Introduce the elective, offer some framing and have participants go around and introduce themselves and answer a silly mixer question.

Then share this video - <https://www.youtube.com/watch?v=l0igcyfC2r8>
(Video of teacher greeting every student with a personalized handshake). Ask participants to reflect on how this video might connect to making a brit in a cabin.

00:20-00:30 Make a Brit

Have participants make a Brit for this session of learning together.

00:30-00:45 Scenario Activity

Have participants go into breakout rooms. The break out rooms will have different ages assigned to them (younger campers vs older campers). Each breakout room will receive a few camp scenarios and participants will discuss how they would approach this scenario using the brit we just made--encourage participants to use specific brit items when working through their scenarios.

00:45-00:55 Scenario Reflection

Bring all participants back. Have participants take a step back about the brit and have them reflect on how realistic, sensible, etc. it was to use in these scenarios.

Discussion Questions-

How did the brit help in the scenarios?

What would you change about the brit now that you've actually had to use it?



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00:55-1:15 Bringing this back to camp

Share examples of how you can bring this back to camp and invite participants to share their thoughts and reflection for bringing this back to camp using a Jamboard.

Reflection Questions-

What are some phrases or values at your camp that can tie into creating brits into livable documents for your cabins?

How do you see yourself ensuring that a brit is a habitual living document for your cabin?

Ask participants to relate this quote to camp for a final reflection-

“When we create a strong, healthy container, students feel connected to themselves and one another. They trust that their classroom is a place where they can learn, grow and take risks. We create this container by intentionally building community through a series of lessons that take students deeper into self knowledge, giving them opportunity to share their stories, passions, and hearts in a variety of ways.”-Jeffrey Kress

BRINGING IT BACK TO CAMP & SHIFTING TO IN PERSON:

In order to best adapt this program for in camp use I would suggest:

- Physically acting out the scenarios with everyone watching.
- Writing the Brit on a giant Post It note for everyone to see