

Disabilities at Camp: Going from Inclusion towards Universal Design *Specialty Track 2*

AUTHOR(S):	Rachel Dubowe
TOPIC (S)	Inclusion-Disabilities
SUMMARY	Is camp accessible and universally designed? In this meaningful and thought provoking specialty track, we will intentionally push ourselves to think about camp from a universal design perspective, explore how our own identities factor into an inclusion mindset, learn how to appropriately support the many different needs that campers might come to camp with, and apply these learnings to your camp ecosystem. Together we will learn and use new language, tools, and pedagogy to engage and wrestle with disabilities in a camp setting.
GOALS:	<ul style="list-style-type: none"> • Participants will feel confident in discussing camp through a universal design lens. • Participants will be able to recognize what universal design could look like at camp. • Participants will know what universal design is.
AUDIENCE:	This program is for all staff members. Ideal group size would be 15-25
TIMING:	75 minutes
APPENDICES:	Appendix A-Creating Inclusive Spaces handout https://docs.google.com/document/d/1gFnR0RgtllzHCZwmMarZwvswhbz0AQCCsYqtjnb6jsl/edit?usp=sharing
MATERIALS NEEDED:	Projector, Video Clips, Appendix A hand out, big Post Its, paper, writing utensils, access to camp maps and daily schedules
SET-UP DETAILS:	Zoom/a room with space to meet as a big group and to have small group discussions

SESSION TIMELINE

- 00:00-00:10 Introduction/Framing
- 00:10-00:25 Introduction to Universal Design
- 00:25-00:30 Introduce Universal Design at Camp
- 00:30-00:50 Universal Design Activity
- 00:50-1:00 Group Discussion
- 1:00-1:15 Wrap up and Reflection

SESSION OUTLINE:

00:00-00:10 Introduction and Framing

Session leader will do a general introduction to get the session started. Session leader will show two video clips that relate to empathy

1. Brene Brown video-<https://www.youtube.com/watch?v=1Evwgu369Jw>
2. Inside Out clip-<https://www.youtube.com/watch?v=QT6FdhKriB8>

Discussion Questions:

- What is empathy?
- What's the importance of acknowledging someone's feelings?
- Why are these values/actions so important at camp?

00:10-00:25 Universal Design Introduction

Share this text with participants in the chat- *Avot 3:1 Akabyah ben Mahalalel said... Know from where you come, and where you are going, and before whom you are destined to give an account and reckoning.*

Discussion Questions-

- How does this text relate to inclusion at camp?
- Do you think you already do these actions at camp? If so, how?

Show participants Elise Roy's TED talk

https://www.ted.com/talks/elise_roy_when_we_design_for_disability_we_all_benefit?language=en

Discussion Questions-

- What did you notice in that TED talk?
- What are you still wondering about?
- How does this TED talk apply to disabilities and inclusion at camp?

00:25-00:30 Introduce Universal Design at camp

Ask participants to think of a space at camp that isn't universally designed (could be a program or a physical location). Offer the framing that universal design at camp (and in general) is about everyone winning.

Have them put their answers on a Jamboard

Then have one participant expand on what they put on the Jamboard and as a whole group go through the activity and unpack it through a lens of universal design

00:30-00:50 Universal Design Activity

Instruct participants to find a map or schedule of their camp and think about how each space is used at camp--what programs happen there, etc.

Then split participants into groups where one group will discuss their maps in relation to universal design at their specific camp and the other group will look at their respective camp's daily schedule through a universal design lens. Session leader will visit each group.

Guiding questions for groups-

- What did you notice for the first time while doing this activity?
- Is there a place or program at your camp that could easily be universally designed but maybe isn't right now?

00:50-1:00 Big Group Discussion

- What are you still thinking about?
- What could your potential next steps be?

Share "Creating Inclusive Spaces: Tips & Tricks" document ([Appendix A](#)) with participants and ask if there is anything that resonates or anything that they would add.

1:00-1:15 Wrap up/Reflection

Session leader will lead participants in a reflection activity.

1. One good thing about today
2. One thing you're going to remember
3. One thing you didn't like/are still struggling with
4. One thing you're committed to
5. One small thing you're taking away from these sessions

BRINGING IT BACK TO CAMP & SHIFTING TO IN PERSON:

In order to best adapt this program for in camp use I would suggest:

- Bringing everyone into a circle for the discussion where everyone can see everyone else
- Having plenty of paper and writing utensils available
- Write introductory Avot 3:1 text on a big post it note