

Disabilities at Camp: Going from Inclusion towards Universal Design *Specialty Track 3*

AUTHOR(S):	Rachel Dubowe
TOPIC (S)	Inclusion-Disabilities
SUMMARY	Is camp accessible and universally designed? In this meaningful and thought provoking speciality track, we will intentionally push ourselves to think about camp from a universal design perspective, explore how our own identities factor into an inclusion mindset, learn how to appropriately support the many different needs that campers might come to camp with, and apply these learnings to your camp ecosystem. Together we will learn and use new language, tools, and pedagogy to engage and wrestle with disabilities in a camp setting.
GOALS:	<ul style="list-style-type: none"> • Participants will feel prepared to bring back inclusion and disability related content to their camp. • Participants will be able to apply what they've learned to camp scenarios. • Participants will be able to reflect on the disabilities and inclusion at camp. • Participants will know the bigger picture of this speciality track. • Participants will know how to talk about disabilities and inclusion in the camp setting.
AUDIENCE:	This program is for all staff members. Ideal group size would be 15-25
TIMING:	75 minutes
APPENDICES:	Appendix A-Welcome To Holland story http://www.dsasc.ca/uploads/8/5/3/9/8539131/welcome_to_holland.pdf
MATERIALS NEEDED:	Appendix A, Video Clips, Projector
SET-UP DETAILS:	Zoom/a room with space to meet as a big group and to have small group discussions

SESSION TIMELINE

- 00:00-00:10 Introduction and Framing
- 00:10-00:35 Camp Scenarios
- 00:35-00:45 Zooming Out
- 00:45-1:15 Bringing This Back To Camp

SESSION OUTLINE:

00:00-00:10 Introduction and Framing

Session leader will introduce the introductory activity. This activity will focus on communication and reactions. Session leader will ask for 4 volunteers and explain that Volunteers 1 and 2 are a pair and Volunteers 3 and 4 are a pair. The session leader will give them a scenario to act out and volunteer 2 will act as the “inner” voice of volunteer 1 and volunteer 4 will act as the “inner” voice of volunteer 3. Volunteers will improvise a conversation within the scenario and they will go in the speaking order of 1,2,3,4. Session leader will relate this activity to communication at camp and how we handle different scenarios, internally and externally.

00:10-00:35 Scenarios

Session leader will provide a few different camp scenarios that center around inclusion and disabilities for participants to respond to. Group will work together to provide feedback and solutions.

00:35-00:45 Zooming Out

Session leader will share [Welcome to Holland](http://www.dsasc.ca/uploads/8/5/3/9/8539131/welcome_to_holland.pdf) story (Appendix A)

Discussion Questions-

- How does this relate to our campers and their families?
- Why do you think I shared this?

Session leader will also share Stella Young’s TED Talk-

https://www.ted.com/talks/stella_young_i_m_not_your_inspiration_thank_you_very_much?!language=en#t-545823

Ask participants for reactions to the video.

Discussion Questions-

- How does it change or not change your approach to your job as a counselor this summer? What is the difference between inspiration and accomplishment?
- How can they as counselors enable all of their campers to truly shine?

00:45-1:15 Bringing This Back To Camp

Split participants into breakout groups and have them share with each other their action plans. Have them share how their action plan has been influenced by this track. Also encourage participants to give feedback on others' action plans based on what they've learned in the track.

Guiding Questions-

- What have you added to your action plan because of this track?
- What do you want to bring from this track to your action plan?

Session leader will bring groups back for a final share out and wrap up.

BRINGING IT BACK TO CAMP & SHIFTING TO IN PERSON:

In order to best adapt this program for in camp use I would suggest:

- Bringing everyone into a circle for the discussion where everyone can see everyone else
- Having plenty of paper and writing utensils available
- Project or provide print outs of the *Welcome to Holland* story