

CORNERSTONE 2021 RESOURCE

Prioritizing Perspective *Start Your Day*

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TOPIC (S)	Identity, Film
SUMMARY	We are all editors of our own story, and each day we make a decision (even if we aren't aware of it!) to see things through a specific lens. How do our perspectives impact our day? We'll rely on some ancient texts - like Disney's The Lion King to give us some insights!
GOALS:	Participants in this program will be able to: <ul style="list-style-type: none"> - better articulate the power of perspective - understand the ways their perspective impacts the world they see - reframe the preconceived notions they have about the world around them
AUDIENCE:	For all ages and learners!
TIMING:	30 minutes - but could be stretched out longer if you have time!
APPENDICES:	Lion King Clip: https://www.youtube.com/watch?v=GibiNy4d4gc Lion King 1½ Clip 1: https://www.youtube.com/watch?v=jB2TbiRvcH0 Lion King 1½ Clip 2: https://www.youtube.com/watch?v=CWlub8_C1T8
MATERIALS NEEDED:	Paper, Scissors, Pens (if possible different colored pens, colored pencils or markers)
SET-UP DETAILS:	If you're facilitating this outside of the virtual space you will require access to a computer/screen/projector to show a video clip.

SESSION TIMELINE:

- 00:00-00:05 - Menti & Opening Discussion
- 00:05-00:12 - Frame Activity
- 00:12-00:22 - Lion King Clips and Significance
- 00:22-00:30- Closing Group Discussion - How can this reframe your day?

SESSION OUTLINE:

00:00-00:05 - Menti & Opening Discussion

- As they come into the session participants will be asked to answer the following question via Menti - “What was the first thing you saw when you opened your eyes this morning?”
- The facilitator will read aloud from the menti and open up dialogue

00:05-00:12 - Frame Activity

- Participants will be talked through how to make a frame out of a piece of paper by cutting the middle out of the center.
- Participants will be invited to get up and walk around their space for two minutes - paying attention to what they see
- Participants will be welcomed back and asked to reflect on what they saw while utilizing their frame
- After a bit of discussion, if it does not come up naturally - the facilitator will acknowledge what they might not have seen via their frame, because it existed outside of their scope or because it was a blind spot due to the frame’s border. Participants will have time to react to that commentary

00:12-00:22 - Lion King Clips & Significance

- Facilitator will first play the [Circle of Life](#) clip from The Lion King and give a moment for participants to reflect on how it makes them feel/what they notice
- Facilitator will ask if anyone has ever seen Lion King 1½ - a movie that tells the story of The Lion King from Timon and Pumba’s point of view.
- Facilitator will then show the two clips from Lion King 1½ - one right after another
 - These clips showcase the Circle of Life scene from their perspective even though in the original version they were not introduced as characters yet.
- Participants we invited to share their reactions - why are these clips interesting?
 - Main points for facilitator to bring up if not mentioned:
 - Timon and Pumba are not even in the original scene, so whose perspective does The Lion King come from?
 - What is the significance of Pumba’s fart?



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- What is the significance of Timon saying what the monkey is holding up “doesn’t matter?”
- When we look at something from just our perspective we miss out on a lot of pieces - we don’t even know what we don’t know!

00:22-00:30- Closing Group Discussion - How can this reframe your day?

- Participants will be asked to share their own ideas for how this could help them reframe today - how could they expand their frame today or in future days?
- Facilitator will harken back to the opening menti question regarding what we see when we open our eyes in the morning and mention that in Jewish tradition, before we even open our eyes we are supposed to say Modei Ani (I give thanks before you, King living and eternal, for You have returned within me my soul with compassion; abundant is Your faithfulness!) - that is one perspective you could start your day with - OR you could decide your own.