

# From Frog to Prince(ss): Finding your morning voice

## Songsheet

*Yoshi Silverstein*

### Precious Human Life / Modei Ani

*English lyrics adapted from the Dalai Lama; melody from One Village Music Project.*

*Hebrew adapted from traditional morning liturgy.*

Every day,  
Think as you wake up.

Today I am fortunate to have  
woken up.

I am alive,  
I have a precious human life.

And I'm not gonna waste it.  
(no ...)

מוֹדֵה אֲנִי *Modeh (Modah) Ani*

לְפָנֶיךָ *L'fanecha*

רוּחַ חַי *Ruach chai*

וְקַיָּם *ve'kayam*

Thankful am I  
Before you,

Spirit of life  
and sustenance

שֶׁחֲזַרְתָּ בִּי *Shechechezarta bi*

נִשְׁמָתִי *Nishmati*

Who has returned within me  
My soul

בְּחֶמְלָה, רַבָּה *B'Chemla raba*

אֱמוּנָתְךָ *emunatecha*

With compassion; abundant  
is Your faithfulness.

