

Understanding Hate
Activities and Discussions around the roots of hatred

AUTHOR(S):	Stacy Rigler
TOPIC (S)	Tisha B'Av, Antisemitism, Hate
SUMMARY	Using the idea of complex emotions campers will explore the roots of hatred and think about what opportunities might exist to counter hatred
GOALS:	To foster a discussion around the roots of hatred To offer a text study around Jewish sources of hatred To inspire campers to think about what might counter hatred
AUDIENCE:	Ages 8-12
TIMING:	55 minutes
APPENDICES:	Combining Inside Out emotions , Jewish sources on hate and love
MATERIALS NEEDED:	<p>Large pieces of paper and markers</p> <p>Dot stickers in yellow, blue, green, purple, and red for each participant or some other way for participants to combine colors (paint/chalk/crayons, etc.)</p> <p>Print out Jewish sources or write the two Leviticus quotes on large posters/paper</p> <p>Blank sheets of 8 ½ x 11 paper</p> <p>colored pieces of scrap paper</p> <p>glue sticks or glue</p>

SET-UP DETAILS:

Signs with the “inside out” emotions Joy (yellow), Sadness (blue), Disgust (green), fear (purple), anger (red) color coded

Large paper with each of these questions written on the paper::

1. What is antisemitism?
2. What emotions do you think are behind hating people who are Jewish?
3. What emotions do you think might help fight antisemitism?
4. What emotions do you feel when you hear about antisemitism?
5. What questions do you have about antisemitism?

SESSION TIMELINE

- 00:00-00:10 Rotation 1: Ingredients of Hate
- 00:10-00:20 Rotation 2: Text study on hate and love
- 00:20-00:30 Rotation 3: Questions about antisemitism
- 00:30-00:35 Connecting text, emotions, and antisemitism
- 00:15-00:30 Paper Midrash
- 00:45- 00:55 Wrap up

SESSION OUTLINE:

This program is written for three different activities. They could be done in three small groups, or they could be done as a rotation with one group leader for each for 10 minutes.

Introduction: Frame the program in the context of Tisha B'av as a day in which we seek to understand the roots of hatred, both amongst us as a community, and for those that are antisemitic and feel hatred and bias towards Jewish people and the Jewish community.

00:00-00:10 Rotation 1: Ingredients of Hate

1. Group leader shares with participants the core emotions that researchers say every human has. You may be familiar with them from the movie Inside Out. They are joy, sadness, disgust, fear and anger.
2. When you combine emotions together you get more complex emotions.. For example - say you take the purple emotion of fear and the yellow emotion of joy.. what might you get? (answer: surprise). Say you take the red emotion of anger and the blue emotion of sadness.. what might you get? How would you describe being sad and angry? (betrayal)
3. Using your colors... what do you think would be the ingredients for hate? How much of each emotion might you need?
4. Share those ingredients with the group, try to come up with a consensus.

00:10-00:20 Rotation 2: Text study on hate and love

TISHA B'AV RESOURCE

the text for Leviticus 19:17. What does it say that we should do for a relative?

2. Why do you think it adds in your heart?
3. What about the second part of the verse... how could you be to blame for someone hating another person?
4. Read the text for Leviticus 18:18. What does it mean that we should love our neighbor like we love ourselves?
5. What about the first part of the verse.. how might this be connected to loving your neighbor as yourself? Are you more likely to forget about the wrong things that someone else did or the wrong things that you did? How does that connect to getting even?

00:20-00:30 Rotation 3: Questions about Antisemitism

1. Session facilitator shares that there are questions posted around the room. Write your answer on the questions.
2. Session facilitator then asks participants to return to small groups. As a group discuss the answers to each of the questions:
 - a. What is antisemitism?
 - b. What emotions do you think are behind hating people who are Jewish?
 - c. What emotions do you think might help fight antisemitism?
 - d. What emotions do you feel when you hear about antisemitism?
 - e. What questions do you have about antisemitism?

00:30-00:35 Connecting text, emotions, and antisemitism

1. The Torah text tells us if we see someone acting in a hateful way we have to say something. If you saw something antisemitic in your school, on social media, what might you do?
2. The Torah tells us to forget about the wrongs that people do to us and not try to get even. And that we should love someone else like we love ourselves. How might this apply to acts of antisemitism, or how might it not apply?
3. We are going to make artistic images of these Torah texts (or commentaries) to help us understand how to react to or combat antisemitism

00:30-00:045 Paper Midrash

1. Campers should choose a line from the text sheet to illustrate. In your illustration you may not draw, rather we will use a technique called handmade midrash. You can only use scraps of paper, you need to rip them to form a picture.
2. As campers form their pictures, facilitators might ask questions about their picture, continue conversations around themes that emerged.



TISHA B'AV RESOURCE

00:45- 00:55 Wrap up

Session leader looks at questions kids wrote and tries to answer them. Invites further conversation and ties into the illustrations about how we can take action to decrease hate and appropriately respond to antisemitism. Tie to the lessons and reasons for the observance of the three weeks of mourning and Tisha B'Av.